

## What is Arya Samaj?

Arya Samaj founded by Maharishi Dayanand Saraswati is an institution based on the teachings of Vedas for the welfare of universe.

It propagates the universal doctrines of humanity.

It is neither a religion nor a sect.

# ARYAN VOICE

YEAR 41

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MONTHLY

May 2019

## (Festivals celebrated at Arya Samaj Bhavan)

Festival	Date	Time
A.G.M	Sunday 28th July	11am – 1pm
Independence Day of India	Sunday 18 <sup>th</sup> August	11am – 1pm
Raksha Bandhan	Sunday 18th August	11am – 1pm
Ved Katha (8 days)	Friday 16 <sup>th</sup> August to Saturday 23 <sup>rd</sup> August	7pm – 9pm
Shri Krishna Janmasthmi	Sunday 24 <sup>th</sup> August	11am – 1pm

Website - [www.arya-samaj.org](http://www.arya-samaj.org)

Charity registration number 1156785

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## **10 Principles of Arya Samaj**

- 1. God is the primary source of all true knowledge and all that is known by its means.(At the beginning of creation, nearly 2 Billion years ago, God gave the knowledge of 4 Vedas to four learned Rishis named Agni, Vayu, Aditya and Angira. Four Vedas called Rig Ved, Yajur Ved, Sam Ved and Atharva Ved contain all true knowledge, spiritual and scientific, known to the world.)**
- 2. God is existent, intelligent and blissful. He is formless, omnipotent, just, merciful, unborn, infinite, invariable (unchangeable), having no beginning, matchless (unparalleled), the support of all, the master of all, omnipresent, omniscient, ever young (imperishable), immortal, fearless, eternal, holy and creator of universe. To him alone worship is due.**
- 3. Vedas are the scripture of all true knowledge. It is paramount duty of all Aryan to read them, teach and recite them to others.**
- 4. All human beings should always be ready to accept the truth and give up untruth.**
- 5. All our actions should be according to the principles of Dharma i.e. after differentiating right from wrong.**
- 6. The primary aim of Arya Samaj is to do good to the human beings of whole world i.e. to its physical, spiritual and social welfare.**
- 7. All human beings ought to be treated with love, justice and according to their merits as dictated by Dharma.**
- 8. We should all promote knowledge (Vidya) and dispel ignorance (Avidya).**
- 9. One should not be content with one's own welfare alone but should look for one's welfare in the welfare of all others.**
- 10. In matters which affect the well being of all people an individual should subordinate any personal rights that are in conflict with the wishes of the majority. In matters that affect him/her alone he/she is free to exercise his/her human rights.**

# **May I strengthen my Conscience**

**By Mr Krishan Chopra**

इदमिन्द्र शृनुहि सोमपा यत्त्वा हृदा सोचता जोहवीमि । वृश्चामि तं कुलिशेनेव  
वृक्षं योऽस्माकं मन इदं हिनस्ति ॥ अथर्ववेद २.१२.२

Idamindra srnuhi somapa yat tva hrda socata johavimi I  
vrscami tam kuliseneva vrksam yo asmakam mana idam  
hinasti II

**Atharva Veda 2.12.2**

## **Meaning in Text Order**

**Idama = this**

**Indra = soul**

**Srnuhi = listen**

**Somapa = enjoyer of devotional bliss**

**Yat = whatever**

**Tva = to you**

**Hrda = with radiant mind**

**Johavimi = calling with loud voice**

**Vrscami = cut down**

**Tam = that**

**Kulisena = with axe**

**Iva = like**

**Vrksam = tree**

**Yah= who**

**Asmakam = our**

**Manah = mind**

**Idam = this**

**Hinasti = injurs**

## **Meaning**

O Almighty Lord! Listen my prayers which come from my pure conscious. As a man cut the roots of a tree with axe the internal enemies which mar the determination of my mind.

## **Contemplation**

The high aspirations take place in my mind. It is the inspiration of the Veda that I am very strong, an illuminator, radiant, pure, blissful, full of light, proceed ahead of ordinary and become sublime. These inspirations helped me to awaken me and I have realized my identity

That what am I and what is my aim? I have resolved, I will advance in every walk of life whether it is a field of spiritualism, controlling anger, awakening insight and try to become like a sage. In social field I will become an ideal for public to lead them.

O my soul ! You have drunk the nectar of knowledge, action and devotion so in me the confluence of knowledge, action and devotion is taking place. I wish no external or internal enemy become hindrance in my resolves and ambitions. The external enemies cannot become hindrance until internal enemies are strong. I am not worried about external enemies. I would like to destroy the internal enemies from its roots which attack to kill my resolves. As the tree is cut from its roots to destroy it, the same way I would like to destroy my internal enemies from its roots.

I will make effort to become intelligent among the intelligentia, wise among wise people, warrior among warriors, brave among brave, learned among learned people, austere among rigorous. I pledge with my bright mind. O my soul! Listen, be helpful to fulfil my ambition and be evident for that so that I can succeed in my high aspirations for the welfare of society.

## आर्य समाज-एक परिचय-६

आचार्य डॉ. उमेश यादव

आर्य समाज के स्वरूप को जानने के लिये एनसाइक्लोपीडिया ऑफ रेलिजन के पृष्ठ १७९ पर लिखे इन सब पङ्क्तियों को पढ़ें, आपको स्पष्ट हो जायेगा-“ स्वामी दयानन्द ने १८७५ में आर्य समाज की स्थापना की । दयानन्द वेदों को निर्भीकतः ईश्वर-ज्ञान मानते हैं । आर्य समाज का वैधानिक मन्तव्य है कि ईश्वर सब विद्याओं का आदि मूल है, वह सच्चिदानन्दस्वरूप, सर्वशक्तिमान्, न्यायकारी , दयालु, अजन्मा, अनन्त, निराकार, सर्वज्ञ, सर्वव्यापक और नित्य है । एक मात्र उसी की उपासना करनी चाहिये । वेद सब सत्य विद्याओं का ग्रन्थ है ।

“ आर्य जन विधवा विवाह के पक्ष में हैं । बाल-विवाह, जातपात, मांस-भक्षण के विरोधी हैं । हवन, यज्ञ आदि सब संस्कारों को करते हैं । गूढ़म को नहीं मानते ।”

“आर्य समाज वेदों की ओर चलो” आन्दोलन का प्रतिनिधित्व करता है जिसके संस्थापक वेदों से ऐसी बातें निकालकर प्रकाश में लाये हैं जिन्हें आधुनिक जगत् में मान्यता प्राप्त है ।

एकेश्वरवाद -उन्होंने वेदों के आधार पर एकेश्वरवाद को सिद्ध कर दिया और विविध वैदिक देवताओं को सच्चे परमात्मा के विशेषण बताकर बहुदेवताओं की मान्यताओं की निसारता प्रतिपादित कर दी है ।

कर्मफल और मुक्ति- आर्य समाज कर्मफल और मुक्ति में विश्वास रखता

है । आवागमन के चक्र से छूट जाना मुक्ति है ।

राष्ट्रवादी - दयानन्द उच्च कोटि के राष्ट्रवादी थे । उनका आर्य समाज आन्दोलन

आर्य समाज भारत में आधुनिक राष्ट्रीयता का कारण और कार्य रहा है ।

आर्य समाज के प्रति लोगों के आकर्षण के निम्न लिखित कारण हैं-

“वेद की पुनः प्रतिष्ठा एक परमात्मा की पूजा , वेदों की अपौरुषेयता, जन्मना जातपात का खण्डन, दलितोद्धार, समाज सेवा, अपने पुरुषार्थ से प्रत्येक व्यक्ति के अधिक से अधिक ऊँचा उठने की मान्यता, भारत भारतीयों का है, सर्व प्रथम इस आवाज को उठाना । देश प्रेम और विश्व प्रेम के भावों को भरना ।”

एनसाइक्लोपीडिया में लिखे उपरोक्त समस्त विचार आर्य सिद्धान्तों को स्पष्ट करता है । इससे हमें आर्य समाज को समझने में सरलता और स्पष्टता होती है । न केवल हम इन विचारों से सिद्धान्त समझ रहे हैं अपितु आर्य समाज के कार्य व दिशा भी स्पष्ट ही समझ रहे हैं ।

वेदों के प्रति महर्षि दयानन्द का अटूट विश्वास, एकेश्वरवाद में अपूर्व आस्था, समाज में फैली कुरीतियाँ व आन्धविश्वास को पूरजोर खण्डन करने की अदम्य साहस अगर है तो महर्षि दयानन्द में ही है जिसे आर्य समाज के द्वारा आर्य जन आज भी निभा रहे हैं ।

हमें निष्पक्ष होकर इसे समझना होगा ।

## **Brief History of Life of** **Maharishi Dayanand Saraswati**

Maharishi Dayanand Saraswati was born in February 1824 in a village known as Tankara, Gujrat, India. Name of his father was Shri Kirshan Lalji Kapadi and mother was called Mrs. Amrutbai. His childhood name was Mool Shankar. Kirshan Lal ji was very religious person and staunch devotee of Lord Shiva.

When Mool Shankar was 8 years old Upnayan Sanskar was performed.

Mool Shankar was ordered to observe fast for Maha Shivratri by his father when he was 13 years old. He stayed awake inside Jhadeshwar temple in night. After midnight when every one fell sleep he saw a mice running up and down on the body of Shiv Ling and eating offerings. Mool Shankar was shocked. He could not understand why Almighty Lord Shiva was not able to protect himself from a little mice. His father and others could not satisfy questions asked by young Mool Shankar. Mool Shankar could not bring himself to believe that an idol and Mahadev were one and the same God. This was the first incidence to shake up young Mool Shankar.

The second incidence was the death of his younger sister at age of 14 years. Soon after this, one of his favourite uncle died as well. Mool Shankar was 19 years old. Mool Shankar mind was engrossed in thinking over how could he escape death and how people can be saved from the misery caused by death.

His parents decided to get him married in order to get him out of detachment from the world. The very idea of marriage was totally unacceptable to Mool Shankar. By this time he was 21 years old. So in year 1846 at age of 22 years he left home for good.

In search of a true Guru who could guide him to achieve salvation He travelled to Ahmedabad, Baroda, Sidhpur. He attended Kumbh Mela in Haridwar. Then he travelled to Rishikesh, Tehri Garwal,



Kedar Ghat, Rudra Prayag, Okhee Math, Joshi Math, Badri Narayan and near Alakhnanda river.

He renounced the worldly life and took a vow of celibacy. He got a new name of Shudh Chaitanya. Then he travelled to various cities in Central province (UP) like Kanpur, Allahabad, Mirzapur, Chunar

On 26th March 1857 he reached the banks of Narbada River. Swami Poornanand ordained him to be Swami Dayanand Saraswati.

Swami Dayanand wrote all these facts in his autobiography till year 1857.

**While in search of a true Guru Swami Dayanand learned a lot about Yoga and became master in it.**

After roaming around for about 14 years in search of a true Guru Swami Dayanand came to Mathura on 14th November 1860 and stayed in Rongeshwari temple. Swami Dayanand was 36 years old at this stage. He heard a lot how good teacher Swami Virjanand Saraswati was. So one day he went to Swami Virjanand Saraswati's house and requested him to accept him as his pupil.

Swami Virjanand put two conditions for Dayanand.

1. Throw away all Un-Aarsh books in Yamuna river.
2. Make arrangements for your stay and food.

A charitable minded Mr. Amar Lal Joshi provided these facilities. Soon Swami Dayanand learned Panini's Ashtadhyayi Sanskrit Crammer and Mahabhashya from his Guru Swami Virjanand. He acquired complete command on Sanskrit language, Vedic as well as Classical. Now he was able to understand the true meanings of Mantras as written in four Vedas Rigved, Yajurved, Saamved and Atharvaved.

Swami Dayanand spent two and half years with Swami Virjanand. Swami Dayanand had no money to buy any expensive gift for his Guru as a Guru Dakshina. So he bought half kilogramme of his

Guru's favourite Clove (Laung) as a parting present.

**Swami Virjanand said “I demand from you something else as Dakshina. Take a vow before me that so long as you will live you shall work to spread Aarsh literature and true knowledge of Vedas and condemn works which teach false doctrines and belief and that you shall give up your life if necessary in re-establishing Vedic Religion. This is my Dakshina.”**

In May 1864 Swami Dayanand arrived in Agra and studied Vedas for two years. During this period he used to go to Swami Virjanand to clear any doubt. He used to cover about 40 miles distance between Agra and Mathura on his feet in couple of hours.

Swami Dayanand reached Haridwar Kumbh Mela on 12th March 1867 and started his long journey towards spreading true meanings and message of Vedas and Ved Mantras.

On the day of Diwali on 30th October 1883 in Ajmer city he sacrificed his life for Ved Prachar as asked by his Guru Swami Virjanand Saraswati.

### **Prevailing Social and spiritual conditions of Hindus living in India**

Between year 1846 and year 1860 Swami Dayanand travelled through different parts of India mostly on his feet.

He saw the poor living conditions, social and spiritual deprivation of majority of Hindu population in India. He noticed how Hindu community were living with various superstitions and were misguided, looted and divided by Pauranic Pandits. He saw the effect of totally wrong interpretations of Ved Mantras on Hindus by greedy and business minded Pauranic priests.

Animals were sacrificed and burnt in Havans performed by Pauranic Priests.

Women and young girls were not allowed to get any education and not allowed to read and recite Ved Mantras because they were

considered impure and Sudra by Pauranic priests. So half of the Hindu population were totally illiterate.

Child marriages were very common. Young widows were not allowed to re marry. Sati Pratha was also practised in some parts of India.

Swami Dayanand also noticed how Christians and Muslims were converting Hindus in to their religions. Again this was mainly due to mistreatments of some Hindus by Pauranic priests.

On top of all this the majority of population in India were physically and mentally weak and demoralised by foreign Mogul followed by British Rule continually from year 1526.

**Pauranic Priests of the age interpreted the Vedas in light of Pauranic Mythological stories.**

**European Scholars like Max Muller, a German born philologist who lived and worked in Britain most of his life, learned Sanskrit from these Pandits so their views about Vedas were like Pauranic Pandits.**

**Swami Dayanand had a very big task on his hand.**

### **AIMS AND OBJECTS OF ARYA SAMAJ AS DESIRED BY MAHARISHI DAYANAND SARASWATI**

**In order to improve the social fabric of the society, educational, physical, spiritual and mental well being of population Maharishi Dayanand Saraswati laid down the foundation of first Arya Samaj in Kakarvadi, Bombay on 7th April 1875 corresponding to Chaitra Sudi 1 Samvat 1932. One of the main aim of Arya Samaj was Ved Prachar. By learning true teachings of Vedas all above aims could be achieved. For this Shri Allarakha Rahamtulla Sonawala donated Indian Rupees 5001 to Maharishi Dayanand Saraswati.**

**On 24th June 1877 Arya Samaj Lahore came in to existence at Dr. Rahim Khan's Kothi. The proceedings began with Swami ji conducting prayers which was followed by Havan.**

After carefully considering 28 rules which had been written at the establishment of Arya Samaj at Bombay Swami ji wrote the basic 10 principles of Arya samaj.

These 10 principles of Arya Samaj are the aims and objects of Arya Samaj.

Maharishi Dayanand Saraswati's aim was that people in India and all over the world should know the true and only true meanings of Ved Mantras.

To achieve and propagate this he wrote Amar Granth “Satyarth Prakash” and “Rigvedaadi Bhashyabhumika” etc.

At the beginning of Creation of this world Almighty God gave the knowledge of Four Vedas to four Rishis named Agni, Vayu, Aditya and Angira.

These four Vedas contain all kinds of knowledge essential for day to day living of human beings.

This is why Maharishi Dayanand Saraswati wrote in 1st Principle of Arya Samaj that “God is the primary source of all true knowledge.”

2nd principle describes the positive and negatives attributes of Almighty God.

3rd principle of Arya Samaj says “ Vedas are the scriptures of all true knowledge. It is paramount duty of all Aryans to read them, teach and recite them to others.

4th principle of Arya Samaj says “All human beings should always be ready to accept the truth and give up untruth.”

5th principle of Arya Samaj says “All our actions should be according to the principles of Dharma i.e. after differentiating right from wrong.

6th to 10th principles of Arya samaj are meant for doing good acts for the well being of all human beings of the world. This includes promotion of Education for all, physical, spiritual and social welfare.

## **Activities of Arya Samaj (Vedic Mission) West Midlands**

Members of Board of Trustees and members of our Arya Samaj are doing our best to achieve all 10 Aims and objects of Arya Samaj as laid down by Maharishi Dayanand Saraswati.

1. Every Sunday, 52 weeks of a year, we hold congregation (Satsang) from 11am to 2pm.  
11am -12pm Havan followed by Bhajans and sermons by our learned priest Acharya Umesh ji.  
1pm we serve hot vegetarian lunch .
2. Every Wednesday we run Day Centre from 11am till 1pm.  
Acharya Umesh, a qualified Yoga teacher, runs Yoga classes for all age group members of community. This is for physical and spiritual well being of members who attend it.
3. Radio XL sermons by Acharya Umesh ji- first Sunday of every month from 7am to 8am.  
We are running this service for benefit of our community since year 2000.  
Now we are planning to go on TV on regular basis in very near future.
4. Ved Katha week Every year from Raksha Bandhan to Krishna Janmashtami for 8 days in month of August.
5. Publishing Aryan Voice every month. This bulletin contains English translations on Ved Mantras by Shri Krishan Chopra, articles by Acharya Umesh ji on different topics related to Vedic literature, news of our community and Matrimonial service for benefit of our community.
6. Acharya Umesh ji provides Vedic Priest services to our community in Birmingham and UK.  
Havan at home, Various Sanskars like naming ceremony, Anna Prashan, Upnayan, Marriage, Cremation.

**By Narendra Kumar**  
**Chairman – Arya Samaj West Midlands**

# **CELEBRATION OF 144th YEAR OF FOUNDATION DAY** **OF** **ARYA SAMAJ**

On Sunday, 7th April 2019 we celebrated 144th year of foundation of Arya Samaj movement in Arya Samaj (Vedic Mission) West Midlands Bhavan. More than 100 people attended this event.

Dr. Aman Puri, Consul General of India, Birmingham was our chief guest.

The day started with Sandhya Havan at 11am as usual. At mid day, Dwaja Rohan (Flag hoisting) ceremony was performed by Honourable Chief guest Dr. Aman Puri followed by singing of Arya Dhvaj Geet by every one present.

Mr. Vijay Kumar was our compere for the function. He welcomed and congratulated everyone for 144th year of foundation of Arya Samaj movement. Then he introduced each speaker.

Dr. Narendra Kumar, Chairman, told the audience that in order to improve the social fabric of the society, educational, physical, spiritual and mental well being of population of India and world Maharishi Dayanand Saraswati laid down foundation of first Arya Samaj in Kakarvadi, Bombay, India on 7th April 1875 corresponding to Chaitra Sudi 1 Samvat 1932. One of main aim of Arya Samaj, in addition to above was Ved Pracahar. Dr. Kumar also told the audience in brief about life history of Maharishi Dayanand Saraswati. He spoke about 10 principles of Arya Samaj as written by Maharishi Dayanand Saraswati at the time of foundation of Arya Samaj Lahore, India on 24th June 1877.

Dr. Aman puri, Chief Guest, thanked the members of Board of Trustees for inviting him to this celebration. He gave his speech in Hindi language which was very much appreciated by the audience. He spoke about importance of teachings of Vedas and Arya Samaj movement. He talked about the work of Arya Samaj for giving equal

standards of women in Indian society. He also talked about making the world noble place to live. (Krinvento Vishwamaryam).

Acharya Dr. Umesh Yadav, our Minister of Religion, spoke about his duties for Arya Samaj West Midlands mainly to conduct Congregation (Satsang) every Sunday Sandhya, Havan, sermons at Arya Samaj Bhavan from 11am to 1pm, to teach Yoga every Wednesday Day Centre from 11am to 1pm, Sermon on Radio XL every first Sunday of the month from 7am to 8am, 8 days of Ved Katha starting on Raksha Bandhan and ending on Krishna Janmashtami in August every year, Contributing articles for monthly bulletin Aryan Voice and maintaining library. He also provides his services to the community for performing marriage, cremation, Mundan and all Sacraments when required and requested by the members of the community.

Mr. Nishant Saini talked about modern ways of communicating by using whatsapp, face book, twitter etc and how these can help to spread the message and teachings of Vedas. The teachings of Vedas are very relevant to younger generation and the present world.

Towards the end Mrs. Brij Bala Duggal thanked all the speakers for their contributions for the event. She also thanked volunteers who helped out in setting the place for this event.

This was first experience for Mr. Vijay Kumar as our compere. He did very well. He always helps us out by taking photographs and recording videos of various events held in our Arya Samaj. We are grateful to him for this help.

Celebration of this event ended by reciting Shanti Path about 1.30pm.

Hot vegetarian Rishi Langar was served in Maharishi Dayanand Saraswati Hall.

**Dr. Narendra Kumar**  
**Chairman**





## **GAYATRI MANTRA**

**OM BHURBHUVAH SVAH  
TATSAVITURVARENYAM  
BHARGO DEVASYA DHEEMAHI  
DHIYO YO NAH PRACHODAYAAT.**

### **Meaning of Gayatri Mantra:-**

- **(OM)** IS THE MAIN NAME OF ALMIGHTY GOD WHICH INCLUDES ALL OTHER NAMES OF GOD.
- **(BHUH)** HE IS LIFE OF LIFE.
- **(BHUVAH)** HE IS THE PROTECTOR FROM ALL THE PAINS.
- **(SWAH)** HE IS ALL BLISS AND GIVER OF ALL BLISS TO HIS DEVOTEES
- **(SAVITUH)** HE IS CREATOR OF ALL UNIVERSE, THE ILLUMINATOR OF ALL THE LUMINOUS BODIES LIKE SUN ETC. THE GIVER OF ALL WISDOM AND WEALTH
- **(DEVASYA)** WE ESTABLISH HIM IN OUR HEART AS MOST DESIRABLE AND VICTORIOUS
- **(VARENYAM)** MOST SUPERIOR TO ACCEPT AND MEDITATE.
- **(BHARGAH)** HE BURNS ALL PAINS AND IS HOLY, SACRED AND PURE BY NATURE.
- **(TAT)** TO THAT ALMIGHTY GOD
- **(DHEMAHI)** WE SHOULD ACCEPT AND HOLD.
- **(YAH)** THAT ALMIGHTY GOD
- **(NAH)** OUR
- **(DHIYAH)** MIND IN BEST ATTRIBUTES, DEED AND NATURE (HABBIT & TEMPERAMENT).
- **(PRACHODAYAT)** INSPIRE US.

# **JALLIANWALA BAGH MASSACRE**

**13th April 1919**

Jallianwala massacre, also known as Amritsar massacre took place on Sunday, 13th April 1919 when troops of the British Indian Army under command of Colonel Reginald Dyer fired rifles in to a crowd of Indians who had gathered in Jallianwala Bagh in Amritsar, Punjab. Their aim was to kill as many Indians as possible.

Jallianwalla Bagh is a public garden of 6 to 7 acres, about 200 yards by 200 yards with ten feet high walls on all sides and 5 entrances. In the middle there was a large and deep well.

The estimate of number of people who had gathered varies from five thousands to twenty thousands. This included children as well. The 13th April was the traditional day of Festival of Baisakhi. People had assembled to celebrate Baisakhi as well as to protest against arrest of two local leaders and introduction of Rowlatt Act to limit civil liberties.

By Mid afternoon, thousands of Sikhs, Muslims and Hindus had gathered in the Jallianwalla Bagh.

Many of those who had earlier worshipped at the Golden Temple were passing through the Bagh on their way home.

An hour after the meeting began at 4.30pm; Colonel Dyer reached at the Bagh with a group of ninety Sikh, Gurkha, Baluchi and Rajput soldiers. Fifty of these shoulders were armed with .303 rifles. He also brought two armoured car fitted with machine guns. Other four exits were locked. The main entrance was open but blocked by troops.

Colonel Dyer did not give any warning to the assembled crowd in the Bagh. He ordered his troops to open fire on the densest section

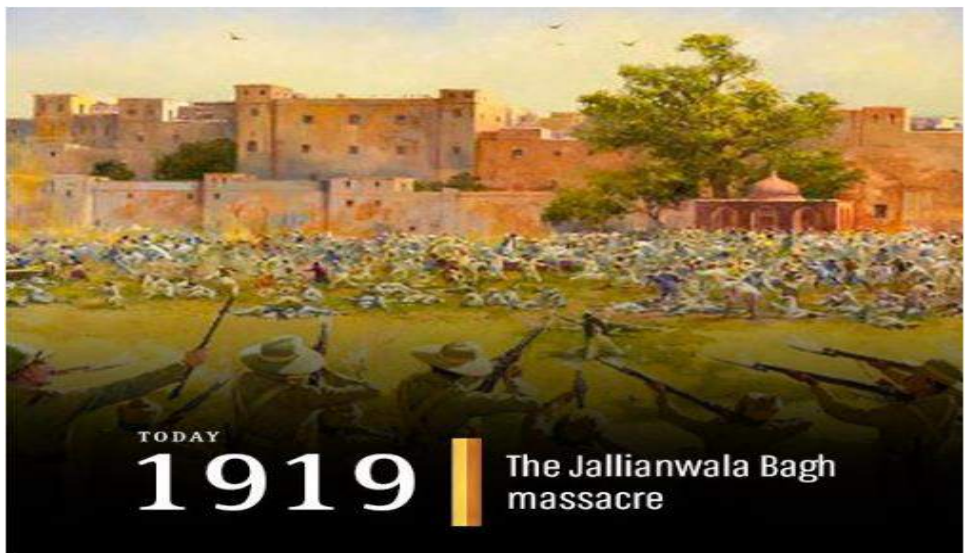
of the crowd. Fire continued non stop for about ten minutes and stopped only when they ran out of bullets. About 1650 bullets were fired.

Apart from many deaths from shootings, a number of people died in stampedes and by jumping in to deep well (120 dead bodies). The injured ones could not be moved to a hospital due to curfew and many died during the night.

Hunter commission reported 379 deaths and 192 seriously wounded. Out of 379 dead were 337 men, 41 boys and a six-week old baby.

Indian national Congress instituted a separate enquiry of its own. This enquiry reported approximately 1,000 killed and 1,500 injured.

As a mark of respect we will stand in silence for one minute and pay our homage to those who achieved their martyrdom on 13th April 1919.



## **Matrimonial Service**

Arya Samaj (Vedic Mission) West Midlands is dedicated to its matrimonial members to provide a service that will help members find a partner for marriage within our community. We feel it is time to make a few changes to help with this process and move forward with the times.

### **Changes we have made in 2018:**

#### **Website:-**

- A new data base on the website that will give members an option to add a **photo** if they wish and a space for members to write a **bio** about themselves and what they are looking for in a partner.
- Existing members would have received a letter with information about what we need from you to update your profile. Once you have received this letter please fill it out and send back to us soon as possible, so we can update our **NEW** data base and you can start using the new system.

#### **Matrimonial Service:-**

- Members will now be given the **option** to directly contact each other or have the **option** for parents to contact each other.
- All **new** members will be contacted by the office staff for phone conversation during the application process.
- We are also looking in to ways of making our Matrimonial events more successful.
- **Now on facebook -**  
<https://www.facebook.com/aryasamajwestmidlands/>

## **News**

### **Get Well Soon:**

- Mr Vishwa Nath Bhandari, ex-Vice President of Arya Samaj West Midlands year 2001-2003 is recovering in Gracewell of Edgbaston Care Home, Speedwell Road, Edgbaston, Birmingham, B5 7PR and telephone number 0121 796 0796. We all wish him a speedy recovery.
- Mrs Deepika Datta is on waiting list for a kidney transplant. We wish her to get better soon.

### **Condolence:**

- Mrs. Darshi Abhi and family - for loss of her beloved husband Mr. Ved Parkash Abhi (Age 85) on 5th April 2019. We Pray to Almighty God to grant his soul eternal peace and give strength to his family members & relatives to bear his loss.
- Dr. Om Sanehi and family - for loss of their beloved mother Mrs. Sushila Sanehi on 20th April 2019. We Pray to Almighty God to grant her soul eternal peace and give strength to his family members & relatives to bear his loss.

### **Congratulations:**

- Dr. Aman Puri, Consul General of India, Birmingham and his respected mother Mrs. Minu Puri for becoming Yajman and sponsoring havan and Rishi-Langar on the birthday celebration of Mrs. Minu Puri ji. May God give them happiness and healthy life with longevity.
- Mr. Ram Sarup Kohli and children for Havan at home to celebrate Mr. Ram Sarup Kohli 95th birthday. May God give Mr Kohli and family happiness and healthy life with longevity.

- Acharya Dr. Umesh Yadav and family for their dear daughter Prama Yadav who won a crown as 3rd runner up of Mrs. India UK and 2nd crown for Mrs Charismatic 2019 out of 150+ applicants on 14th April 2019 in London.

**Many congratulations to all the mentioned families who have had auspicious havan at their residences on different occasions or Sunday Vedic Satsangs in Arya Samaj Bhavan.**

**Donations:**

- |  |      |
|--|------|
| • Dr. Aman Puri, Consul General of India, Birmingham with Rishi Langar | £300 |
| • Dr Smita Mehra with Rishi Langar                                     | £266 |
| • Mr K.C & Mrs S Talwar  | £51  |
| • Mr J.P. Sethi  | £31  |
| • Mr Charanjit Vasudeva  | £21  |
| • Mr Inderjit Marwah   | £10  |

**Donations to Arya Samaj West Midland through the Priest-Services:**

- |                       |      |
|-----------------------|------|
| • Mrs. Darshi Abhi    | £101 |
| • Mr. Ram Sarup Kohli | £51  |

**Thank you for all your**  
**Donations!**

**Please contact Acharya Dr Umeh Yadav on  
0121 359 7727  
for more information on**

- **Member or non member wishing to be a Yajman in the Sunday congregation to celebrate an occasion or to remember a departed dear one.**
- **Have Havan, sankars, naming, munden, weddings and Ved Path etc performed at home.**
- **Our premises will be licensed for the civil marriage ceremony.**
- **Please join in the Social group at Arya Samaj West Midlands every Wednesday from 11am. Emphasis is on keeping healthy and fit with yoga and Pranayam. Hot vegetarian Lunch is provided at 1pm.**
- **Ved Prachar by our learned Priest Dr Umesh Yadav on Radio XL 7 to 8 am, first Sunday of the month. Next 2nd June 2019 & 2nd July 2019.**

**Every effort has been taken that information given is correct and complete. But if any mistake is spotted please inform the office.**

**0121 359 7727**

**E-mail- [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org)  
Website: [www.arya-samaj.org](http://www.arya-samaj.org)**

## New Building Refurbishment Fund

In month of April following people have donated...

<u>NAME</u>	<u>DONATION</u>
NEW DONATIONS:-	
Mr Hamid Malik	£300
Mrs Kanti Bajaj	£100
Mrs Gargi Khosla	£100
Mr J.P. Sethi	£51

**TOTAL SO FAR - £57743.15**

**Thank you!**

### Haven't Donated Yet ????

Those of you who would like to donate money to  
"Arya Samaj (Vedic Mission) West Midlands"  
New building fund please do so now!!!

Your help is highly appreciated.

By cheque - Payable to 'Arya Samaj West Midlands' and  
send back to us at 321 Rookery Road, Handsworth,  
Birmingham, B21 9PR

or

Bank Transfer – The Co-operative Bank  
Name of account – Arya Samaj (Vedic Mission) West Midlands  
Account number – 65839135                      Sort Code – 08.92.99

Work carried out in the month of April 2019.

- New Stage built in Maharishi Dayanand Saraswati Hall.
- New steel plates and glass brought for rishi langar



# **Arya Samaj (Vedic Mission) West Midlands**

## **Newly Refurbished Venue Hire**

**Our new home at 321 Rookery Road, Handsworth, Birmingham, B21 9PR has been newly refurbished and is the perfect venue for you to hire for all your events.**

### **Venue Information:**

- **Main Banqueting Hall Seating up to 300+ guests**
  - **Function/Dining Hall With Stage**
  - **Yajna Shala (Havan Room)**
    - **Kitchen Facilities**
    - **On site cleaner**
    - **Parking for events**
    - **Hindu Priest Service**

**Our venue is perfect for Weddings, Engagements, Anniversaries, Birthdays for all ages, Religious Ceremonies, Community Events, Family Parties, Meetings, Wakes and all other functions.**

**For more information or viewings please call us on  
0121 359 7727**

**Monday to Friday between: - 2pm to 6pm,  
Except Wednesday: - 10.30am to 1.00pm  
Bank Holidays – Closed**

**Excellent rates – Vegetarian ONLY – No Alcohol**



# **YOGA LESSONS**

**BY**

**DR. DHEERAJ PRAKASH JOSHI**  
**YOGACHARYA**

**Consulate General of India, Birmingham**

**Profile – Dr. Dheeraj Prakash Joshi**  
**Teacher of Indian culture and yoga Expert**  
**[culture.birmingham@mea.gov.in](mailto:culture.birmingham@mea.gov.in)**

Dr. Dheeraj Prakash Joshi is a renowned Yoga Guru, he is teaching Yoga and Indian philosophy worldwide for the last 15 years. He is founder of Shivodham International Yoga Asharam, Udaipur and Yoga Department of JRN Rajasthan Vidyapeeth University, Udaipur. He produced 2500 certified yoga teacher in last 15 years. He has won all India yogasana championship in 2000.

He is deputed by Government of India in Consulate General of India, Birmingham as a Teacher of Indian culture and yoga Expert. He has worked in Sanskrit Studies centre, Silpakorn University, Bangkok, Thailand as Assistant Professor (Yoga and Sanskrit).

Dr. Dheeraj Prakash Joshi, specialises in Yoga, Sanskrit, Indian culture & Philosophy (Teaching yoga, Sanskrit and Indian culture from past 16 years). Teaching and Practicing Asana, Pranayama, Kriyas and Meditation from last 20 years

He has benefited the thousands of yoga enthusiast through yoga classes and workshops in India, Thailand, Vietnam, Russia, UK and USA.

**Please come and join us for a  
Free Yoga Lesson with  
Dr. Dheeraj Prakash Joshi -**

**AT**

Arya Samaj (Vedic Mission) West Midlands  
321 Rookery Road  
Handsworth  
Birmingham  
B21 9PR  
0121 359 7727  
enquiries@arya-samaj.org  
www.arya-samaj.org

**FROM**

**Thursday 2nd May 2019  
(And then every Thursday of the week)**

**TIME**

**7pm – 8.15pm**

**ALL ARE WELCOME!**

