

ऋग्वेद

ओ३म्

यजुर्वेद



पवमान

(मासिक)

वर्ष : 26

कार्तिक

वि०स० 2071

नवम्बर 2014

अंक : 11



तपोवन आश्रम के शरदुत्सव-2014 के अवसर पर सार्वदेशिक आर्यप्रतिनिधि सभा के यशस्वी प्रधान स्वामी आर्यवेश जी को सम्मानित करते हुये आश्रम के पदाधिकारी

सामवेद

अथर्ववेद



शरदुत्सव-2014
एक नज़र में



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Email : vaidicsadanashram88@gmail.com
 Web-www.vaidicsadhanashramdehradun

fo"K; kuØe

IEikndh;	—."k dKUr ofnd 'kkL=h	2
onker	Lokeh txnh'ojuUn IjLorh	3
nyHk g eu'; thou feyuk	—."k dKUr ofnd 'kkL=h	4
'ck)&tuer] Lokeh ---	euekgu dekj vk;	7
cU/ku I eDr gku dk Ik/ku egkRek iHk vkfJr egkjkt		10
[kk I h o nek d dN---	Mk- foukn dekj 'kek	12
ofnd xgLfk vkJe	Lo- jkei Ikn onkydkj	13
ekbxu dk nn---	Ikfo=h fl?ky	15
rhfk	Lokeh Lor=kuUn th egkjkt	17
tc 'k: dj 0;k;ke	Ifork ekg'ojh] Mk;Vhf"K;u	20
ekuork gh ekuo dk /ke g	Jh Ij'k onkydkj	21
R;kx iod Hkxk	Lokeh /keefu ifjoktd	25
ofnd Ik/ku vkE 'kjinRlo---	b- ie idk'k] Ifpo	28
vxnku I thou nku	IEiknd	32

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 fd I h Hkh fookn d ifrokn gr U;k;k;{k= ngjknu gh gkxkA vkifuk
 dh vof/k idk'ku frfFk I ,d ekg d Hkhrj gh ekuh tk;xhA

I E i k n d h ;

n k u d h e f g e k



gekj “kkL=k e nku d egŸo dh ppk vud LFkkuk ij feyrh gA euLefr e xgLFk d fy, nku dh vko”; drk ij cy fn; k x; k gA vFkoon e dgk x; k g&^“krgLr l ekgkj lglgLr lfdj* vFkkr l k gkFk l dekvk vkj g tkj gkFk l nku nKA midkj d fy, dvk] rkykc vkfn [knokdj nku/ke dju d fy, dgk x; k gA rfrjh; mifu”kn e nku nu d ckj e dgk x; k g fd J) kiod nku nuk pkfg, J) k u gk rk Hkh nku n] Hk;] ykd&ykt] vkj ieHkko d dkj.k Hkh nku djuk pkfg, “kkL=k e fo | k] /ku] oLr] Hkfe vkj thou nku dh ckr rk dggh gh xb g vfir vx nku dk Hkh mYy[k feyrk gA vk; on e er “kjhj d vxk dk nku dj mud fofo/k i; kxk dk o.ku feyrk gA u tku dgk l l ekt e ; g HkktUur ink gk xb g fd ;fn “kjhj d vxk dk eju d ckn nku dj fn; k tkrk g rk vxy tUe e ge nku fd; x; vx iklr ugh gkxA n”ku “kkL= d vulkj eju d ckn doy l {e “kjhj gh vkRek d l kFk tkrk gA bl iprŸok l feydj cu “kjhj dk ty dj bUgh iprŸok e fQj l foyhu dj fn; k tkrk g] fQj eju d ckn Hkh bud ifr ekg D; k g] ; g , d vuc> igyh gA bl l lkj e dN , l Hkh ykx g t k ej dj Hkh u doy vej gk tkr g vfir viU ihN cfynkuk dh , d ijEijk NkM tkr gA Hkkjr e vx nku dh iofoUk ugh gA n”k e gj lky nku l iklr vxk dh deh d dkj.k ikp yk[k l vf/kd ykx ejr gA tkx : drk dh deh] /kkfed otukvk vkj ljdkj dh mnklhurk bl [kntud flFkfr d fy, mŸkjnk; h gA iR; d 0; fDr vx nku dj d db thouk dk cpk l drk g ; k vk[k vkfn nku dj mud thou dk l [ke; cuk l drk gA , l h lLFkk ft l d ek?; e l vx nku dj l dr g dk i.k fooj.k bl h if=dk e i’B&32 ij fn; k x; k gA vk; k dk ; g x.k jgk g fd o ijkidkfrk vkj nku e lcl vkx jgr gA Jh vkfnR; i= MkO nhucU/k pUnkj k fl rEcj 2002 e l Md n?kVuk e cu MFk volFkk e vk x; FkA MkO nhucU/k pUnkj k Lo; fpfdr l d gku d dkj.k bl ckr dk tkr Fk fd vc mudk i= iuH pruk e ugh vk l drk FkKA vrH mUgu fnoxr i= d vxk dk nku dj ikp ykxk dk thou cpk; k vkj nk ykxk dk nŸV inku dhA cjyh fuok l h xkiky Lokeh ¼ tUe uke& xkiky ‘kj.k fo | kFkh½] pMhx< fuok l h Jh l”khy HkktV; k vkj mud vU; ikp Hkktb; k o cfguk u viuk ijk “kjhj nku dj fn; k gA mijkDr ykxk dh nku Hkkouk l ij.kk ikdj bu ifDr; k d y[kd u ej.kkijUur viU vx nku dju dk l dYi fy; k gA ;fn bl egknku ; K e vU; vk; ykx vxk c<dj nku : ih vkgfr nx rk ; g ge l c d fy, , d xkjo dh ckr gkxhA

I E i k n d

onke'r

eu";ek= d fy, onk/;;u dk vf/kdkj

;Fkek okp dY;k.khekonkfu t uH;%A cãjk t U;kH;k, 'knk;
pk;k;k; p Lok; pkj.kk; pA fi;k nokuk nf{k.kk; nkrfjg Hk;k le;
e dke% le/;rkei eknk uerAA ¼; t0 26@2½

'kCnkFk & ije'oj eu";k dk vkn'k nr g ¼;Fkk½ ft l
idkj e ¼beke] dY;k.khe] okpe½ bl dY;k.kdkfj.kh onok.kh dk
¼t uH;½ eu";ek= d fy, ¼vkonkfu½ min'k d:] djrk g ol gh
re Hkh bldk min'k fd;k djA fd l&fd l d fy, min'k dj
¼cãjk t U;kH;ke½ ckã.kk rFkk {kf=;k d fy, ¼'knk;½ 'knk d fy,
¼p] v;k;½ vkj o';k d fy, ¼Lok; p½ viuk d fy,] viu fi;
yxu okyk d fy,] n'kokf l;k d fy, ¼vj.kk; p½ 'k=vk d fy,]
fonf'k;k d fy, & l Hkh d fy, min'k djA onkin'k djr g, e
¼bg½ bl l l kj e ¼nokuke½ fo}kuk dk ¼fi;½ Hk;k le½ ieik= cu
t kÅ ¼nf{k.kk; nkr½ nf{k.kk nuokyk dk Hkh l;kjk gkÅA ¼e½ ejh
¼v;e½;g ¼dke½ dkeuk i.k gk ¼vn½ ejh og i.k&dkeuk ¼ek mi
uer½ e> iklr gkA

HkkokFk & on fd l h 0;fDr&fo'k" k dh lEifùk ugh gA o rk
lkoHkke vkj ekuoek= d fy, gA iHk min'k nr gA fd bl
on: ih dk'k dk ldfpr er dj] vfir t l e eu";ek= d fy,
bldk min'k nrk g] bl h idkj r Hkh eu";ek= d fy, bldk
min'k djA ckã.k vkj {kf=;] o'; vkj 'kn] fe= vkj 'k=] viuk
vkj ijk;k] dkb Hkh on&Kku l ofpr ugh jguk pkfg,A

t k eu"; on dk ipkj djr g] o fo}kuk d fi; cur
g] nku'hhy eu";k d fi; cur g vkj mudh l Hkh dkeuk, i.k
gkrh gA

¼ on l kjHk l l kHkkj½

nyHk g| eu"; t hou feyuk

—".k dkUr ofnd "kkL=h

egf"n; kuUn l jLorh d| vulkj
tk fopkj fd; fduk fd l h dke dk u dji
m l dk uke "eu"; * gA l eLr typj]
uHkpj vkj Fkypj ik.kh Hkx pØ e ?keri
jgr gA tho tUe yri g vkj dN le;
i"pkr eR; dk iklr gk tkr gA egf"n
eu"; rk dk y{k.k ; g crkr g&^m ftru
eu"; rk l fHkUu tkfrLFk ik.kh g| mue nk
idkj dk LoHkko g& cyoku l Mjuk vkj
fucy dk Mjuk vkj n l j d| ik.k rd
fudky d| viuk eryl l k/k yuA fucyk
ij n; k| mudk midkj vkj j{k djuk eu";
tkfr dk fut x.k gA** ; g vko"; d ugh g
fd ge l no eu"; d : i e gh tUe feyA
l Hkh vkRek, viU deku l j gh fofHkUu
; kfu; k e tkr gA l Hkh ofnd xUFk vkj
fofHkUu _f'k; k dh ekU; rk d| vulkj thok
dk fofHkUu "kjhj e tUe mud iol tUe d
dek d| vk/kj ij feyrk gA bl idkj
eu"; thou feyuk vR; Ur nyHk gA

xkLokeh rY l hnk l ur Hkh dgk g&

cMl Hkx ekul ru ikokA

l j nyHk l nxUFkfgi xkokAA

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, rR l d iuyH; i u "kjhj iuk iuAA

vFkr u"V ; k [kpl gv k /ku fQj l

iklr gk tkrk g] : Bk gv k vkj fcNMk gv k
fe= iuk fey tkrk g; k u; i fe= fey tkr
g] iRuh dk foNkg] ifjR; kx ; k ngko l ku gk

t ku ij n l jh iRuh fey tkrh gA tehu]
tk; nkn] jkT; ; k n" k ; Hkh fQj l fey
tkr g ijUr eu"; "kjhj ckj&ckj ugh
feyrkA eu"; thou rk ge viu io tUe
d l dek d dkj.k feyk gA vc gekjk ; g
dr0; g fd ge vx mUufr d ekx ij
vx l j gA ; g n[kk tkrk g fd vkt dy
cgr l 0; fDr xkt k] p j l] "kjk] MX l vkfn
dk lou dju d ckn] eu"; dk "kjhj ikdj
Hkh viu nx.kk vkj ghu dek d dkj.k xUnh
ukfy; k e fy iV jgr gA o ugh tkr fd
eu"; thou iklr djuk vkj bl "kjhj dk
/kkj.k djuk fdruk nyHk dk; gA vFkoon
d , d eU= e dgk x; k g&^v"V k pdk uo
}kj k nokuk ij; k/; k* vFkr ; g "kjhj , d
v; k/; k uxjh g] ft l dk dkb ijkftr ugh
dj l drk gA ble vkB pØ vkj uk }kj
gA ; g "kjhj b"oj dk efUnj gA ble nork
fuok l djr gA ge n[kr g fd ekuo "kjhj
vnHkr "kfDr; k dk Hk.Mkj gA eu"; dk
NkM dj vU; l Hkh ; kfu; k doy Hkx ; kfu
g] doy eu"; gh , d , l k ik.kh g ft l
Hkx d l kFk ; kx ; kfu feyh gA m l de
dju dh LorU=rk iklr g ft l l og
vk/; k fRed ekx ij mUufr djr g,
ckj&ckj d thou&ej.k d pDdj l
NVdkj ikdj ek{k iklr dj l drk gA

eu"; thou rk fey x; k] vc m l
rnudy vkpj.k Hkh viuku gkxA egf"n u
; ton dk Hk"; djr g, eu'; d x.kk vkj

xyr dh vi{kk l gh dk pu] iflf) dh vi{kk l R; dk puA
, l k dju l gekjk thou 'k)] ifo= vkj egku curk gA

vudj.kh; vkpj.kk dk mYy[k fd;k gA
dN dk l{ki e o.ku bl idkj g&

1&eu";k dk lR; dk xg.k vkj
v lR; dk R;kx dj nuk pkfg,A , l k dju
e dkb fuUnk vkj Lrfr dj rk Hkh lR; dk
dHkh u NkM vkj feF;k dk xg.k u dJA ;gh
eu";k d fy, fo"K" x.k gA ¼; tOHkko 21-44½

2&lR; oknh] "kkL=oÜkk] lTtu]
fo}ku tk pkg ogh pkguk eu";k dk Hkh
djuh pkfg,A fd l h dk fdUgh fo}kuk dk
vuknj u djuk pkfg, rFkk L=h i#"kk dk
cãp;R;kx] v;kx; vkgkj&fogkj]
0;fhkpkj] vR;Ur fo"k;k l fDr vkfn [kkV
dkek l vk;nk dk uk"K dHkh u djuk
pkfg,A ¼; tOHkko 18-49½

3&t l "kkL=oÜkk fo}ku tu nk'kk
dk [kkd] /ke vkfn vPN x.kk dk xg.k dj]
cã dk iklr gkd] vkuUn;Dr gkr g] ol
mudk ikdj eu";k dk Hkh l [kh gkuk
pkfg,A ¼; tOHkko 18-52½

"kkL=k e eu";k d dr0;k dk Hkh
vudk LFkkuk ij mYy[k feyrk gA egf"K u
onk d ver dk gekj fy, inku djr g,
dN dr0; crk, g tk l f{klr : i e fuEu
idkj g&

1&inkFk fo|k dh ikflr%&eu";k dk
pkfg, fd lno b"oj dh Lrfr] ikFkuk]
mikluk] ml b"oj dh lÜkk d ifriknu
rFkk vH;k l vkj lR;Hkk"K.k l viuh okf.k;k;
dk "k) dj] fo}ku gkd lc inkFk fo|kvk
dk iklr gkoA ¼; tOHkko 33-81½

2&fo|k vkj /ke dh of)&eu";k
dk pkfg, fd lRdkj d ;kx; dk lRdkj
vkj fujknj d ;kx; dk fujknj dj d fo|k

vkj /ke dk fujUrj c<k;k dJA ¼; tOHkko
34-16½

3&f"K{kk dh ikflr&g eu";k! vkRek]
eu vkj "kj h d l kFk fo|kvk e fu;r gkd
fo|k vkj l f"K{kk dk lp; dJA f}rh;
fo|k tUe dk iklr ikdj iftr gkok]
ft l&ft l d l kFk viuk lEcU/k g] ml dk
t kuka ¼; tOHkko 29-15½

4&lc thok dh j{kk& g eu";k!
t l lo= vfHkko;klr b"oj u lcdh j{kk ok
if"V dh g] ol gh c<g, ge ykxk dk
pkfg, fd lc thok dk c<ko vkj i"V dJA
¼; tHkko 38-21½

5&LokReor 0;ogkj& tk jkx&}"k
vkfn nk"kk dk NkM dj lce viU vkRek d
rY; crko djr g] mu /kekrkvk d fy, lc
ty] vk"kf/k vkfn inkFk l [kdjh gkr gA
¼; tHkko 35-12½

lkje"oj u ge eu"; ;kfu drdek
d Hkx d fy, rk nh gh g iJUr mUufr
dju d fy, Hkh nh gA vFkoon e ,d eU=
bl idkj g&

m|ku r i#"k uko;ku
thokr r n{krkr d.kkfeA
vk fg jkgeer l [k
jFkFk ft fofonFkek onkf lAA
bl eU= dk HkkokFk ;g g fd eu";
dh xfr lno Åij dh vkj gkuh pkfg,] ml
thou e Åij mBuk pkfg,] uhp ugh fxjuk
pkfg,A ije"oj u eu"; dk cy l ;Dr
fd;k g] ml ver:i l k o'k rd thu
;kx; thou fn;k g vkj bl ng dk
l [kiod /kkj.k djr g, th.k gkdj c<ki
e Hkh ml thou d Kkue; vuHko dk

vki viU l kFk g, NkV&ekV vU;k; dk b'oj d U;k; ij NkM n
vkj dg & ^dkb ckr ughA**

min”k dju dh vkKk nh gA

eu”; dk viu thou ekx ij pyu
d fy, lnx.kk dh vko”; drk gkrh gA
lUo x.kk d /kkj.k dju l og mUufr djrk
g] Åij dh vkj mBrk g vkj mld pfj=]
0;ogkj] l dYi vkfn dY;k.kdkjh ekxk dh
vkj y tku oky gkr gA jkt l x.k dh
i/kkurk l ppyrk vkj foykf l rk vkfn d
x.kk dh of) gkrh g rexx.k dh icyrk l
vkyL;] vfo|k vkj fu’Ø;rk jgrh g vkj
eu”; iru dh vkj vxlj gkrk gA ;g
eu”; d thou e gh lEHko g fd Kku] de]
ijkidkj] vk/;kfRedrk dk iklr djr g,
bu lcdh lef) dja i”k&i{kh vkfn doy
viu LokHkkfod Kku d vk/kkj ij gh thou
ferk nr gA o u rk Kku iklr dj ldr g
vkj ugh mud fy, vk/;kfRed mUufr dk
dkb volj miyC/k gA doy eu”; gh
l lkje ,lk ik.kh gft l ;g thou mUufr
dju d fy, feyk gA

;kxn”ku e dgk x;k g&

“HkkxkioxkFke n”;e*& vFkkrr ;g
l lkj dk n”; tho d Hkkx d vkj viox
d fy, gA bl l lkje jg dj ek{k lk/kuk
djuk Hkh lEHko gA Kku iklr dju d fy,
loiFke viu dk on dk v/;;u dju d
fy, l {ke djuk gkxkA bld fy, f”k{kk]
dYi] 0;kdj.k] fu#Dr] Nun vkj T;kfr’k
&bu Nñ onkxk dk v/;;u djd rnkiJKUr
mifu’knk] ‘kMn”kuk vkj bu leLr “kkL=k
d mijKUr onk dk xgu v/;;u djd
eu”; okLrfod Kku d ekx ij py iMrk
g] bl hf, euLefr e dgk x;k g &
;Fkk&;Fkk fg i#”kñ “kkL=L;

lef/kxPNfra

rFkk&rFkk fotkufr foKku pkL; jkprAA
vFkkrr eu”; tl&tl “kkL= dk
fopkj dj mld ;FkkFk Hkko dk iklr gkrk g]
ol&ol vf/kd tkrk tkrk g vkj mldh
ihfr foKku e gkrh tkrh gA egf”k dgr g
fd tl&tl eu”; “kkL=k dk ;Fkkor
tkurk g] ol &ol ml fo|k dk foKku
c<rk tkrk g vkj mle #fp c<rh jgrh gA
Kku dk ykHk rHkh g tc og vkpj.k e
viuk;k tk, vU;Fkk eu”; dk “kjhj feyu
ij Hkh og fofHkUu idkj d fodkjk l xflr
gk tkrk gA

Hkkfrd txr d ftl Kku dk
vkt dy foKku dgr g] mlh dk mifu”kn
e vijfo|k dgk x;k gA vH;n; vkj
Hkkfrdrk vfo|k d i;k; gA blh idkj
fu%J;l vkj vk/;kfRedrk fo|k d i;k;
gA ;ton d ,d eU=e dgk x;k g&

fo|k pkfo|k p ;Lr}nk Hk;lgA

vfo|;;k eR; rhRok fo|;k · ere”urAA

bl eU= e fo|k dk vFk fo|k l iklr
Klu l mikluk djuk gA tkeu”; fo|k
o vfo|k d Lo: i dk l kFk&l kFk tkrk g
vkj mlh d vulkj de Hkh djrk g] og
de vkj mikluk d ;FkkFk Kku l ek{k dk
iklr dj yrk gA ;fn ml fdlh dkj.k l
ek{k ikflr ugh gk ikrh g rc Hkh og ek{k
ekx d lkiku ij dne j[kr g, fQj l
volj iku d fy, eu”; tUe dk iku dk
vf/kdkjh cu tkrk g vkj **iu% eu”;**
thou ikuk mld fy, nyHk ugh jgrk gA

nljk d x.k n[kA ;fn vki lce gh nk”k n[kx] rk dlh d Hkh lkFk ugh jg ik,xA

ftud lkFk jgr g] mud x.k n[k] nk”k ughA

^ck)&tuer] Lokeh "kdjpk;| vkj egf'k n;kuUn d| dk;*

&euekgu dekj vk;| ngjknua

egkHkkjr dky d ckn n"k&fon" k e
lo= vKku QYk x;k Fkka "k) ofnd /ke
"k) u jg ldk vkj mle vKku]
vU/kfo"ok l] ik[k.M] djhfr;k vkfn vud
gkfudkj d er o ckr l fēefyr gk x;hA on
d vulkj iR;d eu'; dk ikp&egk;Kk
dk djuk vfuok; Fkka ftle iFke
b"ojkikluk rFkk mld lk"pkr nfud
vfXugk= dk fo/kku Fkka bl vfXugk= d
foLrkj & xke/k] vtke/k] v"oe/k vkfn
vud ;K Fka e/;dky e fo}kuk d on
eU=k d xyr vFk o 0;k[;kvk l ;Kk e
lk"kvk dk o/k gku yxk vkj mud ek l l
;Kk e vkgfr;k nh tku yxhA onk d
vulkj gekjk lekt] x.k] de o LoHkkok
d vulkj pkj o.kk e foHkDr Fkka egkHkkjr
d lk"pkr e/;dky e bu o.kk dk
x.k&de&LoHkko d vk/kkj ij u ekudj
tue ij vk/kkfjr ekuk tku yxk Fkka
dkykurj e ,d o.k e tue d vk/kkj ij
vud tkfr;k dh jpuk gb vkj yxk
ijLij] tk onk d vulkj leku Fk] mue
NkV&cM o Åp&uhp dk HknHkko mRiUu gk
x;kA L=h o "kæk dk onk d v/; ;u l
ofpr dj fn;k x;kA egkHkkjr l io ofnd
dky e lcd fy, vfuok; x:dy dh
f" k{kk 0; oLFkk /oLr gk xBA egkHkkjr d ckn
viokn Lo:lk , l de gh mnkgj.k gkx
tgk lHkh o.kk d yxk vkpk; l onk dk
v/; ;u dj ikr Fka fL=;k dh f" k{kk dk
dkb x:dy ;k f" k{kk dUn lu 1825 o

egf'k n;kuUn d on ipkj dky e n" k o
fon" k e dgh vFLrRo e ugh Fkka , d idkj
l x:dy 0; oLFkk dk /oLr gkuk vkj pkj
o.kk e lekurk leklr gkdj fo'kerk dk
mRiUu gkuk gh n" k dh ij/khurk vkj lHkh
vU/kfo"ok l k o djhfr;k dk dkj.k Fkka , l
le; e fd tc lkekftd vlkeurk pje
ij Fkh] ;Kk e fgrdkjh funk'k o ed lk"kvk
dk ekj dj [kydj fg l k dh tkrh Fkh] mud
ek l l ;K fd , tkr Fk vkj ek l gkj fd ;k
tkrk Fkk] rc Hkxoku c) dk vkfoHkko gvka
mUgu lk" k fg l k vkj lkekftd vlkeurk
dk fojk/k fd ;kA mUg crk ;k x ;k fd lk" k
fg l k dk fo/kku onk e gA bl ij mudk
mRrj Fkk fd , l onk tk lk" k fg l k dk fo/kku
djr g] dk og vekU; djr gA mUg crk ;k
x ;k fd onk dh jpuk rk l k{kk b"oj l
gb g ft lu ;g l k j l l k j cuk ;k g] rk
bl ij mUgu dgk fd e , l b"oj d Hkh
ugh ekurkA Hkxoku c) i.k vfgl d o
"kkdkgkj h Fka lk"kvk dh fg l k vkj gR ;k l
mudk egf'k n;kuUn d leku vkfRed n[k
gkrk Fkka og ekuo fgrdkjh vudkud
fo'k ;k d /; ku o fpuru e lyXu jgr Fka
yxk dk mudh ;g ckr i lUn vkBA yxk
mud vu ;k ;h cuu yxA mudh f" k' ;
e.Myh c<rh xb vkj mud }kj k ipkj l
n" k o fo" o e mud vu ;kf ; ;k dh l [;k
cgr vf/kd gk xBA ck) , o tu er u
b"oj d vFLrRo o mldh mikluk dk R ;kx
dj fn ;k Fkka ;g lR ;k dk viyki Fkka , l h

cgr lh oLr, egxh g] tk ge pkgr gA
ijr okLrfod lrfV nu okyh oLr, fcYdy fu'kYd g &
lok] e/kj ok.kh] n ;k] i lUurk] uerk vkfnA

fLFkfr dk gkuk onku;kf;;k d fy, fpUrK
 dk fo'k; cu x;KA bldh ,d ifrfØ;k
 ;g gb fd ck)k o tfu;k dh n[kk&n[kh
 on erku;kf;;k ¼¾ vk;½ e Hkh efr itk
 dk ipyu gk x;KA ,d d ckn ,d vU/k
 fo"oklk e of) gkrh jgh vkj vrhr dk
 ofnd /ke dkykUrj e onk d foijhr dN
 ofnd o dN vofnd vFkok ikjfk.kd
 eKU;rkvk dk er cu dj jg x;KA ;g lo
 fofnr g fd Hkxoku c) vkj tu er d
 iord Lokeh egkohj b"oj d vflRro dk
 ugh ekur Fk ftldh ppk geu mi;Dr
 ifDr;k e Hkh dh gA mUgu&viuh viuh
 dYiuk; dh vkj mlh ij mudk er fLFkj
 gvKA ,lk gku ij ukfLrdrk d c<u o /ke
 vFk&dke o ek{k d ckf/kr gku l ofnd er
 d "kHk fpUrd o mPp dkfV d b"oj HkDr
 fo}kuk e fpUrK dk okrkoy.k cu x;KA ,l
 le; e ,d fn0; i : 'k Lokeh "kdjpk; th
 dk vkfoHkko gkrk gA og Hkkjr d nf{k.k
 in"ke tUe vkj mUgu vud ofnd xUFkk
 dk v/;;u fd;k ftll og viule; d
 lcl vf/kd rkfd fo}ku rFkk onkUr]
 xhrk o mifu'knk d lcl cM fo}ku cuA
 mUgu tc ck) er o tu er d fl)kUrK
 dk v/;;u fd;k rk mUg b"oj d vflRro
 dk u ekuu dk fl)kUr vlr; o vufpr
 yxKA lR; dk ipkj o vlr; dk [k.Mu gh
 eu';k dk dr0; Hkh g vkj /ke HkhA vr% bl
 /ke dk ikyu dju d fy, mUgu r;kjh
 dhA mUgu bu ukfLrd erk d [k.Mu d
 fy, v}rokn dh fopkj/kkj dk Lohdkj
 fd;k ftld vulkj llkj e doy ,d
 pru loK] lo0;kid] fujkdj

rUo&inkFk&lRrk dk gh vflRro g ft l
 b"oj&ijekRek vkfn ukek l tkuk tkrk gA
 mUgu dgk fd ge ;g tk llkj fn[kkb
 nrk g og gekjh cf) d Hke d dkj.k
 fn[kkbnrk g tcf d mldk ;FkkFk ;k
 okLrfod vflRro g gh ughA mUgu o mud
 vu;kf;;k u bldk ,d mnkgj.k fn;k fd
 tl jkf= d vU/kj e o{k ij yVdh gb
 jLlh lki irhr gkrh g] ,l gh ;g llkj
 ge okLrfod irhr gk jgk g tcf d bldk
 vflRro g gh ughA ;g gekjk vKku o Hke
 gA blh idkj l mUgu lc ikf.k;k dk
 b"oj dk gh v"krk;k vkj dgk fd bldk
 dkj.k vKku gA vKku tc nj gkxk rk tho
 b"oj e lekfg gkdj mle yhu gk tk;xk
 vFkkr fey tk;xk vkj rc tho ok thokRek
 dk vflRro ugh jgxKA

geu Hkxoku c) o Hkxoku egkohj d b"oj
 d vflRro dk uekuu d fl)kUr dh ppk
 dh gA ,l mUgu b"oj cuk;;k fn;x;
 Kku on o bud uke ij fg lk d 0;ogkj d
 dkj.k fd;k FkKA ge yxrk g fd bld fy,
 ;g vko";d Fkk fd on d uke ij ;Kk e
 tk fg lk gkrh Fkh mldk [k.Mu fd;k tkrk
 vkj onk dk "k) Lo:lk iLrr fd;k tkrkA
 bld lFk gh b"oj dk lfV] leLr ikf.k;k
 rFkk on Kku dk jpf;rk fl) fd;k tkrkA
 iJur ,lk ugh fd;k x;KA ;g rk dgk x;k
 fd b"oj dk vflRro g vkj ml rdk l
 fl) fd;k x;k ftll ukfLrd er ijkHkr
 g,] iJur onk ij lk"kvk dh gR;k o fg lk
 dju tk vkjki Fk vkj ft l fg lk dh ij.kk
 b"oj u onk d }kjk dh xb crkb tk jgh
 Fkh] mudk [k.Mu o onk d lR; vFkk dk

0;Fk e bPNk, u c<k,] ;fn vkidh vko';drk, ijh gk pdh gA
 ;kn j[k & vko';drk, ijh gk ldrh g] bPNk, ughA

idk" k o mudk e. Mu ugh fd ; k x ; kA bl
 dkj. k b"oj o onk ij fgl k dh ij. kk dju
 d vkjki Lokeh "kdjpk; th d "kkL=kFk d
 ckn Hkh ; Fkkor cu gh jgA D; k ; g ugh
 fd ; k tkuk Fkk ; k bldh dkb vko"; drk
 ugh Fkh\ ge yxrk g fd ; g dk; vo";
 fd ; k tkuk pkfg; Fkk ijUr Lokeh "kdjpk;
 th d vYidkyd thou o vU; vud
 dkj. kk l lEHkor% og , l k ugh dj l d FkA
 geu bld fy, viu , d fe= d l kFk
 Lokeh "kdjpk; th d vu; k; h] , d
 min"kd fo}ku l Hkh ppk dhA bl l ge
 ; g Kkr gvk fd Lokeh "kdjpk; th u ; K
 e fgl k mfpr g ; k vufpr] bl Hkh'e i"u
 ij /; ku ugh fn; k vFkk bldh mi{kk dhA
 bldk ifj. kke ; g gvk fd ; Kk d lR;
 Lo: ij mudk i. kr% vfgl kRed gku] dk
 ipkj u gk l dk vkj tk py jgk Fkk og
 ik; % pyrk jgk ; k dN de gvkA bl h
 dkj. k onk dk egRo Hkh LFkkfir u gk l dk
 vkj mudk l j{ k. k o j{kk u gk l dhA Lokeh
 n; kuUn d thoudky lu 1825&1883 rd
 vkr&vkr n" k e onk dh viki; rk l h gk
 xb Fkh ft l dh [kk t egf'k n; kuUn u viu
 vnHkr cgep; d ri] fo| k o i: 'kkFk l
 dhA ; fn og] og u djr tk mUgku fd; k]

rk ge yxrk g fd on l nk&lonk d fy,
 foylr o viki; gk tkrA vkt ge on o
 mud eU=k d lR; vFk miyC/k g] og egf'k
 n; kuUn d ri o i: 'kkFk dk ifj. kke g vkj
 bldk i. k J; mUgh dk gA ekuo tkfr d
 fy, ; g dk; bruk fgrdkjh gvk g fd
 ft l dh i" k l k d fy, gekj ikl "kCn ugh
 gA ; fn og ; g dk; u djr rk] , l h
 voLFkk e] l c er&erkuRjk dh euekuh
 pyrh jgrhA mud }kjk onk dh iekf. kd
 ik. Mfyfi; k dh [kk t] mud iu:) kj o
 lR; o ; FkkFk onkFk vFkok on Hkk'; l ykxk
 dk b"oj d lR; Lo: l k dk Kku gvk vkj
 l kFk gh thokRek] dkj. k idfr o dk; iNfr
 d Hkn o vUrj dk irk Hkh pykA egf'k
 n; kuUn inUk ; g =rokn dk fl) kuR gh
 okLrfod] ; FkkFk] lR; o fuHkkU fl) kuR gA
 egf'k n; kuUn }kjk fd, x; onk d Hkk';
 ofnd jgL; k d mn?kkVu o fl) kuRk o
 eku; rkvk idk"ku l l Hkh er&erkuRjk e
 fefJr v lR;] vKku o feF; k eku; rkvk o
 fl) kuRk dk Kku lekt e mn?kkfVr gvkA
 ge le>r g fd ; g egf'k n; kuUn dh
 l l kj dk cgeY; o nyHk nu gA bld fy,
 egf'k n; kuUn fo"o lenk; dh vkj l
 vfHkuUnuh; gA

vR; ko' ; d l puk

l foK ikBdk dk fofnr gk fd ioeku if=dk iR; d ek l dh 20 rkjh[k dk Mkd }kjk if'kr dh tkrh
 gA ; fn if=dk vkidk ml ekd d vfUre fnu rd iklr u gk rk ml dh l puk fuEj nuHk" k uEcjk ij vFkok
 i= }kjk Hkt nA if=dk iu% vkidh lok l Hkt nh tk; xhA ; fn vki viuh if=dk dkfj; j l exxuk pkgr g
 rk fyf[kr : i e l fpr dj fd dkfj; j ij gku oky k 0 ; ; vki ogu d jxA
 /ku; okn

Jh ct'k xx] ek- % 09410315022
 Jh ie idk'k th] ek- % 09412051586
 dk; ky; Qku % 0135&2787001

chrrh n%[knk; d ckrk dk ; kn dju l n%[k c<rk g] mudk ; kn u dja
 chrrh vPNh ?kVukvk dk ; kn dj d mul ij. kk ydj mR l kgh cuA

cu/ku l eDr gku dk l/ku

&egkRek iHk vkfJr egkjk t

iHk dh dik dk ik= eu"; gh g tk viuh cf) l iHk dh vkKk d vudy 0;ogkj djd viu _ .k l m _ .k gk l drk gA _ .k ,d , l k jkx g tk eu"; dk l [kk nrk gA ykdkfDr g & ^ykd fg fu/kuk n% [kh _ .kxLrk-f/kdk n% [khA* l l kj e fu/ku n% [kh gkrk g] fdUr m l l Hkh vf/kd n% [kh og g ft l ij _ .k gA

ekeyh vkneh dk _ .k l k/kkj.k rjhd l iklr gkrk g] icy lkgdkj dk _ .k eu"; dk ?kj&ckj dd %uhyke% djk nrk g] ?kj l c?kj&cnj dj nrk gA ljdkj dk _ .k vfr n% [knk;h gkrk gA fdUr iHk vkj iHk d norkvk dk _ .k lc dN u"V dj nrk g] vxj u mrkjk tk;A

rhu ykd] rhu ;K] rhu 'kjhj] rhu _ .k eu"; u l l kj e rhu ykd dk HkxXu d fy, tk rhu 'kjhj ik, g] bUgh d dkj.k og rhu idkj l _ .kh gA ifFkoh] vUrfj{k] noyk d bue tk dN Hkh g og lc eu"; d fy, gA

eu"; ifFkoh dh inkokj g] ;k ; le>k fd ifFkoh d i=k] ;k bldh lUrku l gh eu"; viuk 'kjhj cukrk vkj bldk ikyu&ik".k djrk g] rc 'kjhj l gh /ku&eky&lEifUk] ;'k vkfn bdVBk djrk gA bl fir&_ .k dgr gA ;g dt rc mrjxk tc og LFky 'kjhj l Hkykd ij jgu oky ikf.k;k dk l [k igpk;xk ;k mudk l [k igpk d fy, J"B lUrku ink djd mud vi.k dj tk,xkA bld fy, vkf/khkkfrd ;K pkfg;A

nljk ykd g vUrfj{kA bl ykd e lc norkvk dk ok l gA ok;- vfxu] l ;] pUn] u{k= vkfn dk lEcU/k l {e 'kjhj l

gA eu vUr%dj.k ik.k vkfn dh bUgh }kjk lLFkjr gA eu";k dk t xr dh vfxu vkfn ikdfrd 'kfDr; k l] rFkk l kFkh eu";k dh fu%LokFk lokvk l] tk l [k yxkrkj fey jgk g og no _ .k dgykrk gA bl _ .k dk mrkju d fy, bu ;K&pØk dk tkjh j [ku d fufeUk l vkf/knfod ;K de dju djuk Hkh vko' ; d g] bl noi tk dgr gA

rh l jk ykd noyk d gA ;g Kku dk ykd gA bl l eu"; dk Kku] vkuUn vkfn ije ykHk gk jgk gA bl dk uke _ f'k&_ .k g vkj ;g dkj.k 'kjhj l lEcU/k j [krk gA bldh Hkh lUrfr tkjh j [ku d fy, Lo; fol k dk Lok/;k; vkj min'k dj] ;k nljk dk i<kdj m _ .k gkuk pkfg,A bl vk/;kfRed ;K dgr gA

m _ .k gkuk gh eDr gkuk g eu"; rk lonk _ .kk l ynk gvk gA tk tho f=fo/k 'kjhj dk ikdj Hkh viu dk _ .k&c) ugh vuHko djrk] og egk vKkuh gA blfy, mfpr g fd ge viuh lc 'kfDr vkj lc ;Ru bu _ .kk dk mrkju e gh 0; ; djr g, thou fcrk,A

HkDr& ge rk le>r g fd iHk u gh uotho dk 'kjhj fn;k g vkj bld Hkx d fy, icU/k djuk Hkh [kn m l dk gh dke gA l ;] pUn] ifFkoh] ty] ok;] vfxu vkj l l kj d lc [kk] inkFk 'kjhj d /kkj.k d fy, gh rk mlu cuk; gA tc ;g m l dk icU/k g rk ge ij _ .k D;k\ ekrk i= dk ink djrh g] blfy, m l dk ikyu&ik".k Hkh ekrk d fy, vfuok; gk tkrk gA bl hfy, gekj ink gku l io iHk bldk Hkx ekrk d Lru e lp; dj nrk gA

egkRek & ^ _ .k* 'kCn dk vFk g ^

fQj nxk] , l ekudj xg.k fd;k /ku*A

HkDr & dkb eu"; dk cPpk ekrk dk
n/k , l ekudj xg.k ugh djrk fd oki l
nxk] u gh ml le> grh gA dkb vkneh
gok] ikuh idk*k ; g Hkkouk dj d ugh yrk
fd e> dN nuk gxkA u gh ekrk&firk l
vUu] oL=] i l bl Hkko dk j[kdj yrk g
fd oki l dj nxkA gk] l l k j d 0; ogkj l
rk tk fd l h l m/kkj ekxdj yrk g
tcjnLrh oly dj yxkA gekjh le> e rk
; g ckr ugh cBrhA

egkRek& luk! .k nk idkj dk
gkrk g& , d og tk eu"; viuh
vko'; drkvk dk Lo; vuHko dj d viu
ikl u gku dkj.k nlj l ekxrk g] gkFk
Qykrk g ½ufefUkd .k½(nljk .k og g
tk LokHkkfod g vkj LoHkko&f l) tUe d
l kFk&l kFk c/kk gvk g(cfYd ml u 'kjhj dk
ck/kk gvk gA tc tho tUe yrk g] ml h
.k d v/khu tUe yrk gA tc m .k gk
tkrk g rc tUe Hkh ml dk ihNk NkM nrk gA

gekjk thou g v/kej.k

.k dk uke v/kej.k gA eu";
thfor rc dgykrk g tc ej.k l jfgr gk
tk;] vej gk tk;A .kh dk thuk v/kej.k
d cjkcj gA ; g fo"k; l {e g(tj k xgj h
ut j l n[ku vkj fopkju dk dke gA eu
igy dgk g fd tk viu&vkidk rhu idkj
dk 'kjhj idkj Hkh .kc) ugh vuHko
djrk og egk vKkuh gA ; g fo"k; vuHko
dju dk g] doy luu&luu dk dke
ughA tj k fopkjk rk l gh] vxj cPp dk n/k
u fey rk D; k djxk\
; Kfe= & og fpYyk, xk] jk, xkA

egkRek & D; k\ blfy, fd ek ml
n/k noA ; gh fpYykuk ml dk exuk gA
vxj ek jku&fpYyku ij Hkh u no rk cPpk
ph[k&ph[kdj ej tk, xkA tk ft l dk
/kkj.k djrk g] ogh thfor j[krk gA og
ph t /ku dgykrh gA yu vkj nu dk uke
fuHkLokFk .k ¼dt ½ dgykrk gA fuHkLokFk
.k og i l kn ¼cjd r ½ g vko'; drk oky
dk ml dh vko'; drk dh ifr d fy, ykHk
dk C; k t dh bPNk d fcuk fe=] ; k l gk; d
d : i e fn; k tkrk gA ij bl dk ; g
eryc ugh gkrk fd og ey/ku dk Hkh fuxy
tk;A , l k fuxyu okyk dr?u dgykrk gA
.k dk pdkuk gh dr?urk d nk" k l eDr
gkuk gA

cPpk NkV k g] vleFk gA vc og
c<u yxkA fdu ph tk l c<k\ vUu] ty]
ok;] ifFkoh dh inkokj [kkdj] ml vfXu ij
idkdjA vc c<dj 'kjhj l deku yxkA
l ; dh jk'kuh l egy cuk; k] vkjke d fy,
?kkMk&xkMh] ukdj&pkdj j[k& viu l [k
d fy, (fdUr ml d vkjke vkj l [k dk gr
ml dh dekb vkj dekb dk l k/ku 'kjhj vkj
'kjhj dk c<kuoky ikdfrd no gh gA o
ml d midkj h g, A viu midkfj; k d ifr
drKrk idkf'kr djuk ml dk .k mrkjuk
g(vkj mi{kk djuk dr?u cuuk vkj .kh
gkuk gA turk d fy, dN vkRecfynku
fd; k] vPNh l urku ink dj nh] rk firk dk
.k pd x; k(ok; & ty 'k) dj fn; rk
no & .k pd x; k(fd l h dk i<k fn; k ; k
min'k dj fn; k rk _f'k& .k pd x; kA
bl h dk uke ; K&pø gA

viu n[k Hkrdky dk ckj&ckj ; kn u dj]
vU; Fkk ; g dk; vkid oreku dky d l [k dk Hkh fcxkM nxkA

[kk l h o nek e d N peRdkjh i ; kx

Mk- foukn dekj 'kek' ; kxkpk ;

- rktk ihy dh Nky dk xnk 50 xke] xM 10 xke] eyBh p.k vk/kk pEep dk M< fxykl ikuh e bruk idk; fd ikuh vk/kk jg tk; A rc jkx dk og ikuh Nkudj xuxuk jgu ij /khj&/khj fiyk nA iuh blh idkj l r; kj djd 5&6 ?k.V ckn fiyk, A
- xktck 100 xke] muko 100 xke] y l M 100 xke] eyBh 100 xke] vukj nkuk 100 xke] euDd 100 xke] cuQ'kk 100 xke] j'kk[kreh 100 xke] ihy Nky l [kh 100 xkeA bu l Hkh dk 10 ifM; k 10&10 xke dh cuk yA , d ifM; k dk 2 fxykl ikuh e mkydj dk<k cuk; A , d fxykl ikuh dk nk [kjkd djd ikr% o l k; [kkyh iV xje fiyk; A ; g t dke] [kk l h vkj nek d fy, mi; kxh gA
- nk uhc dk j l fudkydj doy fNydk dk 1-5 fxykl ikuh e idk; A ikuh vk/kk jgu ij m l dh nk [kjkd dj y tc nek 'ok l yuk Hkkjh gk jgk gk vFkok Hk; dj t dke gk rk jkxh dk fiyk nA m l xje ikuh e vk/kk j l Hkh Mky dj fiyk; ; g i; kx 'y'e ¼ j'kk½ dk n'eu gA ; g i; kx jkeck.k vk"kf/k dk dke djrk gA
- NkVh ihy p.k 'kgn lx pkVu l Hkh ykHk feyrk gA
- nek d mipkj e 'kgn dk i; kx gkrk gA nek dk vVd tc vk jgk gk rk 'kgn oky ikuh l Hkki yu l 'kh?k jkgr feyrh gA b l d vykok fnu e rhu ckj
- 'kgn dk gydk xuxu ikuh e feykdj ihu l Hkh cMk ykHk feyrk gA 'kgn cyxe dk Bh d jrk gA t k nek cuku e cMk gh l g; kxh gkrk gA
- , d di f?k l h gb eyh e , d pEep 'kgn] vk/kk uhc dk j l] pkFkkb pEep dkyh fep] pkFkkb pEep ihy p.k feykdj 20 feuV rd idk; A b l feJ.k dk gj jkt , d pEep [kk; A ; g bykt cMk gh v l jnkj gA
- jkr Hkj , d xje ikuh oky fxykl e l [kh vthj dk fHkxk dj j [k nA lcg gkr gh bl [kkyh iV [kk; A , l k dju l cyxe Hkh Bh d gkrk gA vkj l Øe.k l Hkh jkgr feyrh gA yxkrkj djr jgu l dCt Hkh ugh gkrh gA
- vUnj dh , yth dk Bh d dj d fy, eFkh Hkh cgr v l jnkj gkrh gA , d fxykl ikuh d l kFk vk/kk pEep eFkh d nku dk rc rd mky tc rd ikuh , d frgk uk jg tk; A m l mcy ikuh e vnjd dk , d pEep j l] , d pEep 'kgn feyk yA fnu e nk ckj ihu l vo'; gh jkgr feyrh gA

l Hkh idkj dh 'kk/ku fØ; k, d jA eu Lo; vuHko fd; k g ftu&ftu nek d jkfx; k dk eu 'kf) fØ; k, djok; h mudk cMk gh ykHk feykA vr% 'kf) fØ; k, t l tyuhfr] jcy uhfr] ry uhfr vo'; d jA nek dh leL; k e t dke o [kk l h oky l Hkh mipkj fd; tk l dr gA

ge l kpr g& ^n l jk dk thou gel vPNk gA**
ge Hkh rk fd l h vkj d fy, ^n l j** g ; k ugh\ fQj ge [kn l l r"V D; k ugh\

ofnd xgLFk vkJe

Lo- jkeiilkn onkydkj

ikf.kxg.k lLdkj di eu=k ei Hkh oj]
o/k dk lEckf/kr djri g, lo iFke ân; l
;gh dgrk glfd & fi; o/k! gfi; nfo!

1- v?kkjp{kj ifr/uh L; kuk 'kXek l'kok
l; ek xgH; %A

ohj llnodkek l Ro; f/k"khfg
l euL; ekukAA

14&2&16AA

v?kkjp{k r ei ei ?kj ei vkdj ei
?kj&ifjokj di okf l; k di ifr ei [k l Øk/k
dju dh ckr rk nj jgh] vk[kk ei Hkh Øk/k di
dkj.k dHkh ykyh er vkui nuakA D; kfd Øk/k
ml fn; klykbl di leku gl tk lkjk fnu cM
mRl kg l ukukfo/k inkFkk l l lfttr dh
gbl cBd dk nk&pkj feuV ei jk[k dh <jh
cuk l drh gA vr% g nfo! r lkjk fnu cMh
rRijrk l lc dh lok&'kJ"kk djdi , d gh
Øk/k dh fn; klykbl l mldk jk[k er
cukukA** tjk fopkfj; on di bu mPp
vkn'k fopkjk l Hkyk gekjk ;g xgLFk
vkJe l[k dk /kke ugh cuux\ vo'; eo
cuuxkA

1- g o/k! r ei ei bu lc %xgH; %
v?kkjp{k xgokf l; k di fy, Øj
p{kj fgr&Lug; Dr n"V okyh %vifr?uh
L; kuk l'kok l; ek] ohj l] nodkek
l euL; ekuk dHkh Hkh ifr dh fgul u dju
okyh] l nk l[k nuu okyh] 'kkfUr inku dju
okyh] vPNh idkj l lok 'kJ"kk dju okyh]

l nk Lo; l lfu; ek ei orleku jgu okyh rFkk
ifjokj di vU; lc ylxk dk l nk
fu; e&0; oLFkk ei j[kui okyh] l nk mUg
le; ij lc idkj dh l[k&lfo/k inku
dju okyh] ohjk dk tUe nuu okyh] nojk di
ifr 'kHkdkeuk dju okyh vkj l eu di
leku l nk f[kyh jgu okyh] vFkkir lonk
i lUu jgu okyh , a viui 'kHkx.k&
de&LoHkkok dh lpxU/k l pg vkj di
okrkoj.k dk lpxfU/kr vFkkir; 'kke; cukui
okyh gk] %Ro; k lef/k"khfg% bu mi; Dr
lnx.kk l lEiUu r> noh }kjk ge lc
lE; d idkj l lef) dk ikr gko& ge
lc Qy&QyA

1- uhyykfgr Hko fr dR; k l fDr0; T t rA
/kUr vL; Kkr; % ifrdu/k"q c; rAA
vFko&14&1&26AA

on di bl eu= di vk/kkj ij
%dR; k&dR; k; k% vk l fDr% 0; T; r
tc dR; k vFkkir lrr del'khy ok
ded'ky ukjh di dekl ei lo=
vk l fDr&ihfr vfhko; Dr gkrh gl vFkkir
ml dh ifjokj di lc l nL; k di ifr dh x; h
lokvk l lo= : fp vkj ie dh iirhfr gku
yxrh gl rk ;g lc n[kdj %uhyykfgr
Hko fr% bl dk ifr uhy l ykfgr gk tkrk
gl vFkkir uhy o.k l & d".k o.k l &
vU/kdkje; o.k l ykfgr o"kk&jDro.k gk
tkrk gl mnk l l i lUu gk tkrk glA %vL; k
Kkr; % , ?kUr% , l i ee; fØ; k'khy LoHkko
okyh bl ukjh di lEcu/kh tu&dVfch tu

^ l Hkh ykx [kjk c ugh g] cfYd fhkUu&fhkUu idkj d gA*
;fn ;g lR; ge le> y] rk cgr l fj'r VVu l cp l dr gA

Hkh rc c<r g] lc [k'k gkr g vkj rc ¼ifr%
cU/k'k c/; r½ bl dk ifr bl l lc idkj l
i lUu gkdj bld Lug ik'kk e bld ie
cU/kuk e cU/k tkrk gA

1- vUo; % & ¼; nk½ dR; k&dR; k; k% vk l fDr%
0; T; r ¼ rnk½ uhyykfgr HkofrA vL; k%
Kkr; % ,/kUr] ifr% cU/k'k o/; rA

ukjh tc bl idkj ifjokj e
^dR; k*&deB gkdj ioUk gkrh g vkj mld
iR; d fØ; k&dyki e tc ifjokj d lc
lnL; k d ifr gkfnd :fp ,o ie idV
gku yxrk g rk ifr viuh iRuh dh bl
gkfnd Lug lguHkfr vkj J)k l foHkkj
gkdj dh xb lokvk dk n[k&n[k dj
uhyo.k l ykyo.k okyk gk tkrk g] vFkr
ml dk mnk l e[ke.My Hkh rc f[ky tkrk
g&[k'kh d ekj yky gk tkrk g] vFkok ft l
?kj e , l h noh vk tkrh g tk deB Hkh [kc
gk vkj ifjokj d lc tuk d ifr ft ld
ân; e Lug&IEeku vkj lok&lRdkj dh
Hkh Hkkouk gk] rk fu% lUng ml ?kj dk

vU/kdkj idk'k e cny tkrk g mnk l h
i lUurk e cny tkrh gA bld ?kj d l Hkh
lEcu/kh rc Qy ugh lekrA

ml ukjh dk ifr viuh deB ,o ie
l foHkkj gkdj lc dk; dju okyh iRuh dk
tc n[krk g ok pg vkj l tc mldh
i'k l k lurk g rk og vkj Hkh vf/kd rlr gk
tkrk gA , l h fLFkr e ml dh rc viuh
iRuh e vk l fDr c< tkrh gA vujkx c<
tkrk g] Lug c< tkrk g] ie ixk< gk tkrk
gA ml le; rk lpe[k og mld Lug
ik'kk e gh cU/k tkrk g] ie lEcu/kk e gh
cU/k tkrk gA vkj , l k cU/k tkrk g fd og
n[kr gh curk gA

bl ie cU/ku e cU/k g, ml ifr e
rc ml noh d ifr , l k fn0; l; kj meMrk
g fd ml l; kj e vkdj og ml dk viuk
lc dN lefir dju yxrk gA rc ;k
le>k] ekuk og lc idkj l ml ij i lUu
gvk] mld ifr i.kr; k vkoftr gk tkrk
gA

Iipuk

vk[kk dk fu%'kYd vki i'ku

ofnd l k/ku vkJe rikou ukykikuh ngjknu d v/; {k Jh n'ku dekj
vfXugk=h th }kjk okfNr 0; fDr; k d dVjDV d vkij'ku fuey vkb bULVhV; V
_f'kd'k e dj; tk jg gA tk 0; fDr u= jkx l ihfMr g vkj ftudk dVjDV dk
vkij'ku /kukHkko d dkj.k ugh gk ik jgk g og vkJe d njHk'k u- 0135&2787001
ij okrk dj d viuk jftLV'ku djok y rkfd mi; Dr fnol ij vkidk dVjDV
dk vkij'ku fu%'kYd dj; k tk l dA vf/kd tkudkj d fy, vkJe d l fpo l
ek- 09412051586 ij lEid dj l dr gA

ft l dke dk , d thokRek dj l drk g]
ml dke dk nljk Hkh dj l drk gA

ekbxu dk nnl ¼vk/kk l h l h½

&lfo=h fl?ky

viu LokLF; dh ith vkt geu
vk"kf/k foKku dk Fkek nh g pkg yHkHk gk ;k
uk gk fQj Hkh m l h
vkj HkxX t k jg gA

vud vkjX; 'kkfL=;k dk ekuuk g
fd vf/kdk" k chekfj; k ekufl d ruko d
dkj.k gkrh gA t l k fd gkb chàihå] 'kxj]
gkV&vVd o ebxu vkfn& vkfn vFkkr
vi{kk vkj mi{kk gh ey dkj.k gA ekufl d
ruko l mRiUu , d chekjh vkid le{k j[k
jgh g ft l dk vkt ebxu ;k vk/kk l h l h
Hkh dgk tkrk g vfr gh çcy ox l gkrk gA

1- iV dh vufpr dk; ç.kkyh d flj nn
fnu e 12 ct vFkok jkf= dk gh 10 ct
l jkf= dk 1 l 3 ct rd gh vf/kd
gkrk g ijUr bld foijr ebxu dk
nn çkr% l ; fudyu l ifgy gh 'k :
gk tkrk g vkj fnu dk ckjg ct rd
jgrk fQj /khj&/khj bldk ox de gku
yxrk g jkf= dk l ku Hkh nrk g ijUr çkr%
t l Hkh vk[k [kyh fd flj jevlá nA

2- T;knk nokb; k vkfn [kku l ;g le;
Hkh cnv nrk g vFkok flj dh
dkf'kdkvk e dEiu çcy ox l gkrk g
o : dkoV vku l gh ;g nn vfr gh
çcyrk l gkrk gA Hkä Hkxh gh bldh
vlgk; ihMk dk tkurk gA Vhoh o
lekpkj i=k e bruh Hk; kudrk l
fooj.k fn; k tkrk gA nokb; k d
foKkiuk }kjk nko fd; tkr g fd bl
nokb l 'kfr; k vkjke dk vk'ok l u Hkh

Hkjij fn; tkr gA bruh NKVh l h
chekjh dk bruk fo'kky cuk fn; k x; k g
foKkiuk d }kjk ghA vk/kfud fpfdR l k
i) fr e vHkh rd bldk dkjxj bykt
MkDVjk d ik l ugh gA D; kfd e bldh
4 ekg rd Hkä Hkxh jgh gA ijUr n'kh
mipkj ¼nkcdj½ vkj ?kjj oLrvk d
ç; kx l bl ij dck ik; k tk l drk gA
vr% uhp , l gh ç; kx o mipkj fy[k
jgh g tkfd vpd o vtek; g; g vkj
vkt Hkh mru çHkko'kkyh g&

1- ekFk ij nkuk Hkkgk d chip e fcUnh
yxkr g ogk ij ncko n vkj nkuk
vk[kk dh ckgjh Nkj ij Hkh ncko n
ekfy'k dj D; kfd fiÜk dh vf/kdrk l
bue Hkh nn gkrk gA vk[kk e ruko HkhA

2- lh/k gkFk d vxB ij Hkh nlj gkFk l
ncko nA lkj vxB dk vPNh çdkj l
ncko n rFkk vxB o igyh vxyh d
chip e tkM g iy iyk lk] ;gk ij
ncku l vkjke vkrk gA

3- nkuk ijk d vxB Hkh nck; fo'k" k dj
lh/k ij d vxB o vxyh d chip dk
LFkku ij ij d Åij ncko n dldj
idM t l dh vki FkKM ç'kj l ncko
nx fd vkid flj e nn dh ygj py
jgh g 'kkUr gku yxrh g D; kfd ijk d
vxB o flj dk vkil e çxk< lEcU/k
gA tc rd ijk d vxB o vxyh u
nckvk ;g tku dk uke gh ugh yrk g
;fn nokb; k l de Hkh gk tkrk g rk

vkRek u mRiUu gkrh g] u ejrh g] u c<h gkrh g] u vk[k l fn[krh g]
tcf d 'kjhj mRiUu gkrk g] ejrk g] c<k gkrk g vkj vk[k l fn[krk gA
blfy, ^'kjhj* vkj ^vkRek* dk vyx&vyx tkukA

dN fnu ckn gh fQj gku yxrk g vkj
cgr gh ij'kku djr k gA vkj dHkh& dHkh
rk bld çcy ox d dkj.k mfYV;k Hkh
vku yxrh gA dN Hkh gte ugh gkrk gA

4- ;g vf/kdrj ek le cnyr le; gkrk g
vFkok cPpk dk iijk d le; V'ku
vf/kd gk tkrh g rk Hkh nn gA vr% ml
le; vFkok iijk d le; cPpk d iijk
dk vo'; gh nck;k dj rkfd tk V'ku
e rhork ink gk jgh g og 'kkUr gk tk;

5- eu e ruko d dkj.k 'kjhj e fiÜk dh
vf/kdrk gk tkrh g vkj efLr" d ul k e
ruko vk tkrk gA vkj 'kjhj Hkh
ejk&ejk lk fu<ky gk tkrk gA

6- nkuk Vxk dh fiMfy;k ij Hkh ncko n]
ekfy'k dja D;kfd iiku nn e vk/k
flj e rFkk flj d lkFk&lkFk flj l
ft; knk iHmk Vxk o fiMfy;k e gkrh g
vr% nckuk vko'; d gA ;g voLFkk
gekjh Hkh gk l drh g

, d pEep cMh nlh th xe dj d mle
vk/kh Nkrh pEep dkyh fep tjk Hku
vkj 2 pEep cjk ¼phuh ugh nlh cjk½
Mkydj xe&xe [kku l Hkh vk'kkrh
yHk gkrk gA ;g feDl tc [kk; rHkh
cuk; A cukdj j[k ughA BMk gku ij
ble og x.krk ugh jgrh gA çkr% lk;
nkuk le; [kk; A xe&xe gyo e Hkh
lkB Mkydj [kku l dkQh vkje
feyrk gA

7- ;fn vf/k;k VU'ku g ekFk o vk[kk e Hkh
ruko g rk mld fy; ck; gkFk ¼mYV
gkFk½ dh dkguh l Åij nck dj n[k
fd dgk ij vf/kd nn g vFkok nku l

n[krk g ml LFkku ij de l de
: d&: d dj 10 feuV ncko no A dN
{k.kk e tk ruko vkid eg ij vFkok
leLr pgj ij Fkk /khj&/khj leLr gk
tk;xkA J)k vkj fo'okl l djx rk
vk'kkrh yHk gkxkA

8- nkuk gkFkk nk gFky; k e chp&chp nck
lk LFkku g ml ij vxB l ncko nA
vxBk lh/kk j[k mldk uk[ku Åij jg
rFkk gkFk dh pkjk vxfy;k dk gFkyh d
ihN Åij gkFk ij j[k 3&4 ckj e nkuk
gkFkk dh gFky; k ij ncko nu l vfr
'kh?k gh vkje vkrk g ;g 'kjhj dk
fdlh Hkh LFkku ij ncko nu l mldk
çHkko 'fdMuh* ij iMrk g vr% gFkyh
ij ncko nuk uk Hky gA

9- pk; vki uhc dh cuk; 2-5 xke ¼1 iko½
e 2 pEep Hkj dj phuh Mky] NKV
pEep vk/kh dkyk uked o 4&5 dkyh
fep ihl dj Mky rhuk dk /kheh&/kheh
xl ij 5&6 mcky vku ij mle Åij
gh vk/kk uhc fupkM n vkj xl cUn dj
nA vc bl /khj&/khj lgkrk&lgkrk
fi; A ;g uhc dh ¼pk;½ ;k feDl dk
vki nkuk le; fi; A

'kjhj nckuk rFkk fo'k" fcUnvk dk
nku l 'kjhj d Hkhrjh Hkxk e rho çHkko
mRiUu gkrk g tkfd çk—frd fu;ek ij
vk/kfjr , d l jyo vek?k foKku fpdfR lk
i)fr g t gk fd vk"kf/k&foKku fuf"Ø; g
;gk ij gekjh ; lukru i)fr;k vkt Hkh
mrhuh gh dkjxj gA vkj ;g jkx 3&4 fnu
e gh pyk tkrk gA

¼LofLr iUFkk½ l lkHk½

dkb Hkh e[k , l i"u iN l drk g ftudk mÜkj
fdlh tkudkj fo}ku dk Hkh ekye u gk

& tokgyky ug#

rhFk

ç'u& rhFkLuku l iki dk uk'k vkj
i.; dh mRifÜk vFkok vkRek dh 'kf) gkrh
g ok ugh\

mÜkj&iki dk uk'k i.; dh mRifÜk
vkj vkRek dh 'kf) dk fopkj rk ihN djx]
çFke rhFk D;k g ;gh l kpuk pkfg,A

ç'u& xxkfn t k vud ifo= LFkku
g ogh rhFk g] bldk rk lc ykx tkur gA
ble l kpu dh dku l h xá ckr g\

mÜkj & bruk rk Bkd g] l k/kj.k
ykx xxkfn LFkkuk dk rhFk dgr g] fdUr
l kpu dh ckr ;g fd ; LFkku okLro e rhFk
g ;k ugh \ vkj /ke&lRdk e budk rhFk
fy [kk Hkh g ok ughA

ç'u & D;k ykx fcuk fy [k gh dgr
g \ ijk.kk e] egkHkkjr e rhFk dk o.ku gA
on e rhFk 'kCn vkrk g] vr% ;g fufookn
fo"k; gA bl ij l kpu dh vko'; drk ugh
gA gk iki&uk'k vkj i.; mRifÜk dh ckr
dgkA

mÜkj& og Hkh dgx] fdUr çFke rk
rhFk gh fpUruh; g] D;kfd rhFk 'kCn d vFk
g] ft l d }kj k ykx rj t k,A D;k xxkfn
Luku l ok xxk l gh ykx rj tkr g \
n[kk rk ;g tkrk g] ;fn fd l h dk rjuk u
vkrk gk] og fd l h le; xxk d xgj ty e
iM tk, rk Mc tkrk gA vkj xxkLuku l
Hkh iki dk uk'k vkj i.; dk mRifÜk çrhr
ugh gkrhA blfy, u rk ;g rhFk g vkj u
gh xxk vkfn Luku l iki dk uk'k vkj i.;
dk mRifÜk gkrh g bl h dj.k euLeFr e eu
t h u l kQ fy [kk g &

Lokeh Lor=kuUn t h egkjkt

vföxk=kf.k 'k/;fur eu% l R;u 'k/;frA
fo | k r i k H; k HkrkRek cf) Kkuu 'k/;frAA
eu &5@109

t y d Luku l 'kjhj 'k) gkrk g]
eu l R; ckyu] l R; 0;ogkj l 'k) gkrk g]
fo | k vkj ri l vkRek 'k) gkrk g cf)

;FkkFk Kku l 'k) gkrh gA

eu t h u bl 'ykd e Luku l 'kjhj
d cká vo;ok dh 'kf) fy [kh g] vkRek dh
'kf) d dkj.k fo | k vkj ri gh crk; gA
vki xxkfn Luku l vkRek dk 'kf) dgr g]
l k ckr Bh d ugh gA t k euLeFr e fy [kk g]
ogh ;fä; ä vkj Bh d gA

vkiu dgk Fkk fd egkHkkjr e rhFk
dk o.ku g l k egkHkkjr e , l k y [k g] t c
egkHkkjr ;) l ekr gk x; k] Hkh'e firkeg
t h 'kj'k; ;k ij fojkteku FkA ml le; Jh
—".k t h dh l eFr l ik.Mo mudh lok e
x;] ogk t kdj ;f/kf" Bj t h u Hkh'e firkeg
t h l vud fo"k; k d i' u iN Fk] mu i'uk
d Hkh'e firkeg u t k mÜkj fn; Fk] og
egkHkkjr d vu'kk lu io e fy [k g, gA
ogk rhFk fo"k; d Hkh , d ç'u dk ml le;
Hkh'e t h u t k mÜkj fn; k Fkk] mle l dN
'ykd ;gk fy [kr g] ft l l egkHkkjr e
rhFk fo"k; d fl) kUr dk irk yx tk, xkA
;f/kf" Bj mokp &

;j j lorhFkkuk rUe cfg firkegA
;= po ij 'kcp rUe 0; k[;kregfl AA1AA

;f/kf" Bj t h u dgk &g firkeg l c
rhFk e t k J"V g vkj t k mÜke 'kcp] vFkr
ifo=Ükk gkrh g] og vki e> cryk; A

vkidh leL;kvk d ckj e nljk l f'kdk;r ugh dja
vk/k l vf/kd leL;k vkiu Lo; mRiUu dh gA vkRe fujh{k.k l mUg nj dja

Hkh"e mokp &
 lokf.k [ky rhFkfu x.kofur euhf" k.kkeA
 ;Ük rhFk p 'kkp p rUe Ük.k lekfgr%AA2AA
 lc rhFk euhf" k; k d fy, x.koku
 g] mue tk ifo= rhFk g og lekfgr
 gkdj luA
 vxk/k foey 'k) lR; rk; /kfrgnA
 Lukr0; ekul rhFk lR; ekfJR; 'kk'orAA..AA
 rhFk 'kkpeuffkRoekt o lÜoeknoeA
 vfglk loHkrkukeku'kL; ne% 'ke% AA†AA
 fueek fujg³ dkjk fu}U}k fu"ifjxgkA
 'kp; LrhFkHkrkLr; Hk{; eiHk? tr AA ‡
 xEHkhj] nk"kjfgr] ifo= lR; : ih ty vkj
 /k; : ih rkyk; ä ekul rhFk e 'kk'or
 lR; dk voyEcu dj d Luku djuk pkfg, A
 ¼vufFkRo½ fd lh dk vFkh u gkuk] ¼vk to½
 l jyrk] ¼ekno½ u jefpr] lc thok dh
 vfglk] vu'k l rk vkj 'ke ¼eu dk o'k e
 j[kuk½ ne ¼bfUn; neu djuk½ gh ifo=
 rhFk gA
 tk ykx eerkjfgr] fujgdjk]h
 vFkkr vgdjk 'ku;] l[k] n[k] 'khr] vkri
 vkfn }U} lgu dju oky vkj fu"ifjxg]
 vFkkr l xg jfgr] nkukfn d ykyp l jfgr
 g vkj tk ykx fHk{kk /ku l thou 0; rhr
 dju oky lU; k lh g] o gh ifo= rhFk : i gA
 bl çdj.k e Hkh"e th u vkid dg
 xxkfn Luku dk dgh rhFk ugh crk; k gA
 mld foijhr lR;] /k; ;] fuykHkrk] l jyrk]
 ue fpÜk] vfglk] n; k] 'ke] ne] eerkjfgr]
 vgdjk oftr] }U}k d lgu djuoky
 riLoh vkj fHk{kk l fuokg djuokyk dk gh
 rhFk crk; k gA bl l fl) g fd okLro e
 ;gh lPp rhFk gA tk eu"; dk ifo=

djuoky g] ;gh o rhFk g] ftud lou l
 eu"; l lkj&lkxj l rj tkrk g] xxkfn
 rhFk rk LokFkh ykxk u lk/kkj.k çtk dk
 Bxu d fy, cuk fy; g vkj ; xxkfn rhFk
 rkjooky rk fd lh volFkk e Hkh ugh gkr gA
 m lh çdj.k e Luku d fo" k; e Hkh
 Hkh"e th u dgk gA
 ; Fkk
 ukndfDyékx=Lr Lukr bR; fHk/kh; r
 l Lukrk ; k neLukr% l c ákH; U rj% 'kfp%AA
 eul k p çnhlru cāKkut yu pA
 Lukr ; k ekul rhFk rRLuku rÜonf'kukeAA
 ¼egkHkkjr vu'kk lu io v/; k; fāŠ½
 ty l Luku djuoky eu"; dk
 Luku ¼Luku fd; k gv k½ ugh dgr gA tk
 ykx neLukr g mÜgk u Luku fd; k g vkj o
 gh ckgj rFkk Hkh rj ifo= gkr gA
 Kku l fuey fd; g, eu vkj cā
 Kku d ty d lgkj tk ykx ekul rhFk e
 Luku djr g] mudk ugkuk gh Luku gA
 rÜonf'k; k dk , l k gh Luku vfHker gA
 ; gk Hkh"efirkeg th u ty Luku l
 vkRe'kf) dk loFkk gh fu" k/k fd; k g] vr%
 tykfn d Luku l eu th d fy[k vulkj
 doy 'kjhj dh 'kf) gkrh gA vkRe'kf) d
 fy, ty Luku dk dkb ç; k tu ugh gA
 ç'u& ;fn egkHkkjr e bl çdkj
 fu" k/k g rk ykx xxkfn rhFk e Luku dju
 D; k vkr g \ vkj i. M rhFk ij jgr g vkj
 o ckgj tkdj rhFk dk çpkj Hkh djr gA
 D; k o egkHkkjr ugh i < g\
 mÜkj&egkHkkjr rk o i < g] ijUr
 mÜg rhFk Luku djuokyk dk rhFk dk
 ekgkRE; crkdj cgdkuk g vkj mudk

dkb oLr u fey] rk mldk vQlkl u euk, A
 dHkh gkju dh r; kjh Hkh j[k] ge'kk ugh thrxA

/kugj.k djd viuh t hfodk pykuh gA vkj
blfy, o rk LokFkh g] mudk dFku çek.k
ugh gA

ç'u&fd l h vkpk; u rhFk fo"k; d
dN fy[^{kk} g\

mÜkj&gk fy[^{kk} gA

ç'ku&og crykvk] D;k fy[^{kk} g\

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l R; kFkçdk'k e rhFk fo"k; d fuEu ikB
fy[^{kk} g& vkj ; rhFk ¼çFke Hkkjro" k e½ ugh
Fk] t c tfu; k u fxjukj] ifyVku k f'k[kj
'k=? t; vkj vkc vkfn rhFk cuk; A mud
vudy bu yxk u Hkh ouk fy; A t k dkb
bud vkjEHk dk ijh[^{kk} djuk pkg] o i.kMk
dk ijkuh l ijkuh cgh vkj rkc d i= vkfn
y[k n[k rk fu'p; gk t k,xk fd ; l c
rhFk ikp l k vFkok , d l gL= o" k l b/kj gh
cu g] l gL= o" k l m/kj dk y[k fd l h d
ik l ugh fudy rk] bl l vk/kfud gA

i'u&tk t k rhFk&&&dk ekgrE;]
vFkkr ^vU; {k=; —r; iki; dk'kh{k=;
fou'; frA* bR; kfn ckr g] o l Pph g ok
ugh\

mÜkj&ugh] D;kfd ;fn iki NV
t kr gk rk nfjæk dk /ku] j k t i k V] vU/kk dk
vk[k fey tkrh] dkf<; k dk dk< vkfn jkx
NV tkrk] , l k ugh gkrk] blfy, iki ok
i.; fd l h dk ugh NVrkA

ç'u&x³xk x³xfr ;k c;kn
;k tukuk 'krjfiA

eP; r loikiH; k fo".kykd l
xPNfrAA

t k l dMk l gL=k dkl nj l Hkh
xxk&xxk dg rk m l d iki u"V gk dj og

fo".k ykd] vFkkr od.B dk tkrk gA D;k
>B gk

t k,xkA

mÜkj&feF;k gku e D;k 'kdk \
D;kfd xxk--- uke Lej.k l iki dHkh ugh
NVrk] t k NV rk n[^{kh} dkb u jg vkj iki
dju l dkb Hkh u MjA ol vkt dy
ikiyhyk e iki c<dj gk jg gA e<k dk
fo'okl g fd ge--- rhFk;k=k djx rk ikik
dk fuofUk gk t k,xhA bl h fo'okl ij iki
djd bl ykd vkj iyykd dk uk'k djr
g] i jUr fd;k gvk iki Hkkxuk gh iMrk gA

ç'u&rk dkb rhFk--- l R; g ok ugh\
mÜkj&g] onkfn l R; 'kkL=k dk i<uk]
i<kuk] /kkfed fo}kuk dk l x] ijkidkj]
/keu"Bku] ; kxkH; k l] fuoj] fu"diV]
l R; Hkk" k.k] l R; dk ekuuk] l R; djuk]
cáp,;] vkp k,;] vfrfFk] ekrk& firk dk
lok djuk] ije'oj dh Lrfr] çkFkuk]
mikluk] 'kkfUr] ftrfUn;rk] l'khyrk]
/kEe; ä] i#"kkFk] Kku] foKku vkfn 'kHk
x.k] dEe n[^{kk} l rkjuoky gku l rhFk gA
vkj t k tyLFkye; g% o rhFk dHkh ugh dk
ldr] D;kfd g ^tuk ; Lrjfur rkfu
rhFkku fu" eu"; ft l djd n[^{kk} l rj mudk
uke rhFk gA tyLFky rjkuoky ugh] fdUr
Mckdj ekjuoky gA

ioi{kk&egf^k n; kuUn t h dk y[k ludj
rk vc ijk&ijk fu'p; gk x; k fd xxkn
rhFk doy ikik d cuk; g, gA vxk dk e
Hkh t l k egf^k u min'k fd;k g] ol k dju
dk ; Ru d : xkA

¼^oniFk** l l kHkkj½

viu thou dk d"Ve; vkj ruko; Dr cuku dk lcl cMk dkj.k g]
nljk l , l h vk'kk, j[kuk fd o vkidh bPNkul kj l c dk; djx A

t c 'k: d j l 0 ; k ; ke

& l fork ekg'o:jh] Mk; Vhf'k; u

;fn vki ikf"Vd vkgkj o dljr
dk viuh fnup; k e cgrj rkyey LFkfr
dj y] rk r; eku fd vkiu LoLFk ru&e
dh d t h gkfly dj y hA

ykhk&LoLFk jgu d fy, t : jh g
fd gekj QQM o ân; lpk: : i l dk;
djA 0 ; k ; ke dju l 'kjhj e lkl yu dh
çfØ; k rt gk tkrh gA ge vklru xgjh
lkl yr gA bl dkj.k i ; klr ek=k e
vklhtu 'kjhj e igprh gA ân; o
eflR"d dk Hkh i ; klr ek=k e vklhtu
feyrh gA ân; dk i ; klr ek=k e vfdltu
miyC/k gku d dkj.k leLr 'kjhj e
jä&l pkj çfØ; k lpk: : i l l pkfyr
gku yxrh gA

0 ; k ; ke dju l 'kjhj e lpr
vfrfjä olk cu gku yxrh gA
ân; &kefu; k e dkyLV, y tek ugh gk
ikrkA ; gh lc dkj.k g fd 0 ; k ; ke dju l
vkj fu; fer : i l rt dnekl Vgyu l
otu de fd; k tk l drk gA

'kjhj o eflR"d dk lEcu/k

vud fpfdRldh; v/ ; ; uk l irk
pyk g fd 'kjhj o eflR"d d chp vVV
lEcu/k gA ; fn vkidk ru LoLFk gkxk] rk
eflR"d Hkh l tx&l fØ; gkxkA bl dkj.k
0 ; k ; ke volkn ¼fMç'ku½ vkj fpUrK, de
dju e Hkh lgk; d gA bl d vykok 0 ; k ; ke
l 'kjhj dh ikpu&fØ; k Hkh n: Lr jgrh gA
db ejht MkDVj d ctk; [kn viuk gh
bykt 'k: dj nA i'k g dN l >ko %&

• 0 ; k ; ke 'k: dju l igy viu
fpfdRld l i jke'k yA Qt dj] vki

fdlh jkxxLr g] rk ml fLFkr e
dNd 0 ; k ; ke vkid fy, gkfuçn gkA
blh rjg 0 ; k ; ke çf'k{k d l l ykg yuk
Hkh fgrdj jgxkA

• 0 ; k ; ke me] 'kkjhfd {kerk d vulkj
gh djA

• 0 ; k ; ke dk lgh eækvk ¼ikLpl½ e
djuk pkfg, A blug >Vd ; k cgr r th
d l kFk ugh djuk pkfg, A >Vdk yxu
l ekl if'k; k dkud l ku igp l drk gA

• ; kn j [k] Hkj iV 0 ; k ; ke u djA

0 ; k ; ke djr le; vxj fdlh vx
e nn gk rk rjUr gh bl jkd n vkj MkDVj
l i jke'k djA l p rk ; g g fd LoLFk jgu
d fy, t l [kku&iku t : jh g] ol gh
0 ; k ; ke djuk Hkh t : jh gA 0 ; k ; ke dk; Øe
d nkjku bu ckrk ij / ; ku n %&

• vkgkj e lurfyr Hkk tu dk LFkku nA
n/k] ekleh Qy vkj 'kkd& l fct ; k
i ; klr ek=k e xg.k djA

• fu; fer rkj ij , d lfuf'pr le; ij
0 ; k ; ke djA pl 0 ; k ; ke d fy, lcg
vkj 'kke dk oDr mi ; Dr jgrk gA

• 'kjkc o vU; eknd inkFkk l i jgt djA

• /khe urhtk l grkR l kfgu gkA

• bl fo'okl d l kFk 0 ; k ; ke dh 'k: vkr
dj fd vki tYn gh fQVul lEcu/kh
viu y{ ; dk ik yxA

dN fodYi&?kj e gh dN , l dk;
gkr g] ftUg vtke nu e vPNh [kk l h
'kkjhfd dok; n gk tkrh gA gkykfd ;
dke 0 ; k ; ke rk ugh fQj Hkh bud tfj;
'kjhj dh tfc'k gk tkrh gA

ekuork gh ekuo dk /kel g|

Jh Ij'k onkydkj

ekuork gh ekuo dk /kel g| & Bhd
mlh rjg tll vfxu dk /kel g| vfxuRoA
ekuork : i /kel l| jfgr ekuo vfxuRoA
'k|; jk[k di rY; fu'kDr vkj fu'ik.k gA
og i'k gh ugh i'k l| Hkh ifrr gA ;x dfo
xlr th ui ; FkkFk gh fy[kk gA

el eu";rk dk IjRo dh

tuuh Hkh dg ldrk gA

fdUr| nu|t dk i'k dguk

Hkh dHkh ugh lg ldrk gAA

vk;| lekt vkj ekuo /kel

lpekfu;| dkl er vkj etgc ugh
g| vk;| lektA nkuork dh pkV| l| fouy
vkj lgeh /kjr dh fQj ekuork dk ih;rk
fiyku di fy, Hkh HkxhjFk : i no n;kuUn
ui etgck dh ?kFV; k ei [kk gh /ke&xox dk
iuk /kj&/ke ij yku dk miØe fd; k FkA

vk;| lekt di n'k fu;e bld
eyk/kkj gA ;| fu;e lkoHkke ekuo /kel di
n'k luy; l= gA bue lEinkf; drk dk
y'k Hkh ugh gA ,d Hkh LFkku ij ^n;kuUn*
'kCn ugh g| bue vk;| lekt di rh l j fu;e
ei 0; oLFk nh xbl g& ^on dk i<uk&i<kuk
lc vk;| dk ije /kel gA* ;g ugh dgk x; k
fd IR; kFkiidk'k ;k _Xonkfn vk;| lekt
^n;kuUn iUFk* ugh gA fQj D; k gA
vk;| lekt \

vk;| lekt di bu n'k fu;e ei & 1-
b'oj&vflrRo 2- b'oj & mikluk 3-
on&fu"Bk 4- IR; &fu"Bk 5- /kekpj.k 6-

fo'o dk midkj & ;K Hkkouk 7-
ln0;ogkj 8- fo|k&ie 9- l0kn; Hkko ;k
ofnd lektokn 10 0;fV vkj lefV dk
leUo; & vkfn ekuo /kel di eyk/kkj bu
n'k l=k dk leko'k gA ;| lHkh l= ekuo
/kel di ik.k g| 'kk'or vkj lkoHkke gA vr
vk;| lekt ofnd l)el fo'o/kel ;k ekuo
/kel dk ipkj l?k gA

eku /kel vkj IR;

^IR;* vk;| lekt di fu;ek dh /kjh
gA vkjEHk di 5 fu;ek&lc IR; fo|k0
'b'oj lfpnkuUnLo:i ^on lc IR;
fo|kvk0* ^ IR; di xg.k0* lc dke
/keku|kj vFkk IR; vkj vIR; dk fopkj
dj dju pkfg, bu iR;id ei ^IR;* 'kCn
vk; k g| ftll idV g & IR; gh
vk;| lekt dk loLo g| ml dk ik.k gA

IR; dk bruk vf/kd vxg gku l|
gh egf'k ui viui ie[k xUFk dk uKEk ^IR; kFk
idk'k* j[kkA idV g fd IR; vk;| lekt
dk thou ey gv|kj ;g gh ekuo /kel dh
vk/kkj f'kyk gA

eku /kel vkj on

^fon KkuA on dk 'kfcnd vFk g| &
KkuA ijeKRek ui tc l|kj dk cuk; k rHkh
ge di l jguk pkfg,] D; k djuk pkfg,] D; k
ugh djuk pkfg,] bld food di fy, viuk
fuR; Kku fn; k FkA ml Kku dk uke g& onA

onKku di ikou idk'k ei gh ekuo
dk /kel vkj foKku] v/; kRe vkj Hkkfrdrkj

fIDd 'kkj djr g| : i; ¼ukV½ ughA
blh rjg l tc vkidk eY; c<] rk vki 'kkr vkj xHkhj cuA

ykd vkj ijykd] HkkX; vkj i#''kkFk] 0;f'V
 vkj l e'f'V rFkk J)k vkj e/kk d l l e l o;
 : i ekuo &/ke dk jkt iFk feyxkA on d l
 idk'k e gh b'oj&tho idfr] Kku&de&
 mikluk /ke&vFk&dke&ek{k ,a IR;&
 f'ko&lUnje dk jgL;kFk [kyyxkA jlk;u]
 Hkkfrdh] tho&foKku] ouLifr&foKku] ;K
 &foKku] ;kx&foKku] l xhr] dk0;] xf.kr]
 Hkxky] [kxky] /ke'kkL=] uhr'kkL= vkfn
 l Hkh Kku&foKku vkj IR; fo|k; i ch t : i
 l l on e gA on dkl iitk ikB ; l k jkyh&
 pkoy p<k; i tkui okyk xUFk ugh gl on
 thou xUFk gA onk e i ekuo ng dk noh]
 ukdk] ver&dFk vkj nouxjh dgk x;k gA
 eu"; tUe dh J'Brk vkj l kFdrk dk jgL;
 ifo= _Xon dh b l l fDr efNik g&

euHko tu; l k n0; i tue*

ekuo! r i ekuo cuA ekuork l i ;Dr
 ekuo cuA r i u doy Lo; i vkn'k ekuo cu]
 oju] viuh l Urkuk dh Hkh noh %ekuoh; %
 x.kk l i ;Dr cuk ft l l ekuo /ke dh ;g
 'kHk /kkj vfofPNu : i l i c<rh jgA on d l
 'kr&lgl= eu=k ekuo&/ke d l l = fc[kj]
 i m gA

vk; l l ekt on ij dijku] ijk.k vkj
 ckbfcy dh Hkkfr dkjk bleku ykdj ugh]
 oju on dh mnkUk f'k{kkvk dk vkpj.k dh
 Hkx'kk ndj ^ekuo&/ke* dh vo#) jkg
 [kkyrk gA vk;l ekt dh ekU; rk g &
 ^vkpkjghu u iufur onk* vFkr
 vkpj.kghu dk on Hkh ifo= ugh d j rA

ekuo /ke vkj vkfLdrk

b'oj HkfDr dh vfUre QyJh g&
 pfj=A vkj pfj= dh ey g & b'oj HkfDrA
 og ije i : "k&ije'oj] og nokf/kno gh
 noRo dk] noh x.kk dk ey mnxe gA ft l
 idkj ty d lehi cBu l 'khryrk vkj
 vfXu d lehir l ge rki dk vuHko d j r
 g] ol gh b'oj dh lehir k %mikluk% l
 gekj thou e b'ojh; x.kk dk vk/kku gkdj
 ge vkn'k ekuo ; k vk; cu l dr gA ekuo
 d i'kRo dh cfy %i'kcfy% ndj mld
 noRo d tkxj.k %noh tkxj.k% }kjk mle
 ekuork dh ifr'Bkiuk gh l Pph b'oj&
 HkfDr dk ifrQy gA

;gk ge /; ku j [k fd on d jkt iFk
 l brj ftru Hkh ekuodr er&erKUrj g]
 tk b'oj dk ,dn'kh;] [k'kken i lUn]
 fj'or[kkj vkj HkyDdM ekur g] o l Hkh
 ekuork d 'k= g] ekuo&/ke dh jkg d
 l cl cM jkM gA iki&{kek d cgku o ekuo
 d i'kRo dk mHkkj dj ml vf/kd l vf/kd
 iki dju d fy, ikr l kfrg d j r gA

Li"V g fd vk; l ekt dk onk/kkfj r
 b'ojokn ft l dk fu: i.k vk; l ekt d
 iFke vkj f}rh; fu; e e _f'k u fd; k g &
 tk foKku vkj rd&lEer g] tk b'oj d
 ,dUo] mldh lo0; kidrk] loKrk]
 lo'kfDreUkk] fujkdKjUo] U; k; dkfjrk ;Dr
 n; ky] vfuok; de Qy 0; oLFkk dk
 ifriknu d j r g] tk b'oj HkfDr dk ykHk
 fd; g, iki d Qy l cpkuk ugh] ikide
 l gh cpkuk ekurk g&, d ek= og ofnd
 b'ojokn gh eu"; dk ^eu"; *cuk l drk gA

ft l 0; fDr d l kFk 0; ogkj dj jg g] mld flj e vkidk fneX ugh j [kk g]
 rk og vkidh bPNk d vudy 0; ogkj d l djxk\ blfy, nljk l vk'kk, de j [kA

ekuo /kel vkj ofnd&n'ku
 fofHkuu nk'kfud ekU;rkvk e
 vk;|lekt onkDr =rokn&bl'oj] tho vkj
 idfr dh fur;rk vkj lefUor mi;lx di
 fl)kUr efo'okl j[krk gA ;g 0;kogkfjd
 n'ku gl tk ge;g crkrk gl fd txr di
 ek;/e lge txRifr dk iklr dJA Hkxoku
 rk ^vdk;e gl & v'kjhjh gA ;g lEil.k
 fo'o gh ekuk ml fojkV i;:"k dk 'kjhj gA
 Hkxoku dh iitk dk 0;kogkfjd vFk gl &
 Hkxoku dh iitk di dY;k.kFk viuh {kerkvk
 dk mi;lx ^djoUuog dekf.k0* vkj
 ^del.;i okf/kdkjLr0* di vuIkJ lIkJ
 dk dr0; {k= ekudj ekuo gh ugh
 ikf.kek= di lI[k&l0/ku dh lk/kuk gh
 lPph bl'oj iitk gA

ofnd "kMn'kuk di leUo; dh fhkfUk
 ij iyk;uokn l iji =rokn di vk/kkj ij
 vk;|lekt dh ekU;rk gl&

/kjr h ij lI[k 'kkfUr c<kvk]

ndj fut Je 'kfDrA

ekuork dk vFk ;gh gl

vkj gh iHk HkDrAA

ekuo /kel vkj ¼ijw idkj½ ;K&Hkkouk

blh nk'kfud rRo di vk/kkj ij
 egf'k ui lkj lIkJ dk midkj djuk
 vk;|lekt dk e[; mnn'; fLFkj fd;ka ij
 lekt fuek.k fo'o&fuek.k dk ey gl&
 0;fDr&fuek.k 'kkjhjd vkj vkfRed
 mUufr dk vFk gl 0;fDrxr mUufr dk
 mi;lx lkekft d mUufr di fy;i gl rk ;gh
 g ekuo&/kel dk lPpk Lo : iA ofnd /kel di

ip egk;Kk vkj o.kkJe /ke dk fofu;kx
 blh nf"V l gA

ekuo /ke vkj o.kkJe /ke

o.kkJe /ke ofnd /ke dh lcl cMh
 fo'k"krk gA ;gh /ke dk lex :i gA
 jkejT; dk o.ku djr g, xk0 rylhnl
 th tcfy[kr g &

o.kkJe fut&fut /kje fujr on iFk ykxA

pyfg l nk ikofg l [kfg]

ufg Hk;] 'kkd u jkxAA

& rk o o.kkJe /ke dh efgek dk
 fp=.k djr gA

o.kkJe&/ke ;K&Hkkouk dk gh
 0;kogkfjd Lo :i gA vkJe&/ke dk ikyuk
 }kjk ,d 0;fDr&cāp;] xgLfk okuiLFk
 vkj lU;k l /ke dh lE;d lk/kuk l viu
 0;fDrxr thou dk J"Bre gfo cukrk g
 vkj o.k /ke dh ikyuk d :i e og bl
 fn0; gfo dk lekt :i ;K d.M e vkgr
 djr gA ;gh ofnd lektokn gA
 dkyekDl vkj yfuu d lektokn l ;g
 fhkUu g ;gk 0;fDr dh lUkk vkj LorU=rk
 dk v{k..k j[kr g, LoPN;k gj 0;fDr }kjk
 jk"V&pruk d pj.kk e loLoki.k dh
 ;ktuk gA

ekuo /ke vkj ;Fkk;kX;okn

ithokn dgrk g fd l h dk NMk ugh]
 dE;fuTe dgrk g & fd l h ij NkMk ugh]
 tcf d ofnd lektokn dgrk g &
 ;Fkk;kX; ¼/keku l kj½ 0;ogkj djka ;kfKd
 dk &mnkjprk vk; dk ¼lEifUk vkj
 'kfDr;k dh jk"V ;K e gfo nu oky dk½
 NMk ugh] fdUr ^ek?keUu fonUr viipr½*

,d NkV k l fNn ikuh dh ijh ckYVh dk [kkyh dj nrk g]
 , l gh FkkMk l k vfHkeku ,d mUke ân; dh lkjh mUkerk dk u"V dj nrk gA

^doyk?kk Hkofr doynh* dk Lej.k djr
g, v l j ¼viu gh fy; thu oky½ gj {kf=;
d n.M dk mi; kx dj NkMk ughA ;g g
ofnd ; Fkk; kX; oknA

ekuo /ke vkj fo | k dh of)

Lo0 yky cgknj 'kkL=h u ge , d
ukjk fn; k Fkk ^t; toku] t; fd l ku* ij
;g v/kjk gA i.k ukjk gkuk pkfg, & t;
Kku] t; toku] t; fd l ku* Kku dh t;
l gh toku vkj fd l ku dh t; l EHko gA
ckã.k dh t; l gh {kf=; vkj o'; dh t;
l fuufgr gA vk; lekt Lo:ir% ckã.k
l xBu* gA on ipkj vFkok l nKku i l kj
vkj vKku uk'k gh m l d k e[; dj.kh; dÜK;
g ^xk;=h eU=* vk; tuk dk x:eU= blfy,
g fd ble iHk l l l kj d l Hk ekuok d fy,
l ncf) inku dju dh i kFkuk dh xb gA

ekuo /ke vkj l okn; Hkkouk

viuh gh mUufr e l Ur"V u jgdj
l cdh mUufr e viuh mUufr le>u d
vkn'k }kjk ekuo vkj ekuo lekt vFkok
0; f"V vkj lef"V d lefUor fodkl vkj
fuek.k dh ;g i.k ; ktuk vk; lekt gh
fo'o dk nrk gA dE; fuTe e 0; fDr dh
LorU=rk dk xyk ?kkV fn; k x; k g] rk
i thokn ¼vefjd½ e 0; fDr dk vR; f/kd
LorU=rk gA ofnd l kE; okn e viuh gh
mUufr e l Ur"V u jg l cdh mUufr e
viuh mUufr le>u vkj l ekftd
l ofgrdkjh fu;ek e ijrU=rk dk Lof.ke
fl) kUr gA ekuo&/ke dh ;g dth
vk; lekt d uo vkj n'ko fu;e dk l kj
l {ki gA

& ekuo /ke food l l kHkkj

*y[kd dk ckã.k l xBu l vk'k; fo}ku 0; fDr; k dk l xBu gkuk g D; kfd vk;
Lok/; k; 'khy o fo}ku gkr gA & l Eiknd

jpuk, vkef=r g

jpuk] if=dk d mí'; dk /; ku e j[kr g, l f{kIr] l Li"V vkj lekt e
l djkRed ifjoru yku d mí'; dk /; ku e j[k dj fy[kh x; h gkA on] mifu"kn]
n'ku] ckã.k xUFk] l = xUFk] egki#""kk dh thoh vkfn d vk/kkj ij 500 l 1500 'kCnk
dh jpuk, & y[k] dfor] i l x] thofu; k vkfn viuh ey jpuk, Vbki djkdj ; k Li"V
v{kj e LogLr fyf[kr l Eiknd d uke l fuEuir ij Øfrno 10 fgUnh QKUV e b&ey l
Hk tu dk d"V dJA jpuk dk Lohdr ; k vLohdr dju dk vf/kdkj l Eiknd dk gA l LFkk
dh foÜkh; l hekvd d dkj.k dkb i kfjJfed nuk l EHko ugh gkxkA

d".k dkUr ofnd 'kkL=h

ikLV cx l 0 & 67 th0ih0vk0

ngjknu&248001

Email: kkvoidik@gmail.com

vgdkjh fd l h d i k l tku dk r; kj ughA
vkj Øk/kh d i k l dkb vku dk r; kj ughA vgdkj vkj Øk/k nkuk l cpA

R; kx i o d H k k x k

Lokeh /keefu ifjok t d

ru R; Dru Hk t h Fkk AA
; t0 v0 40] e0 1AA
mlh b'oj d fn; g, inkFkk dk
R; kxiod Hkkx dj kA

, d Fkk jktk] cM ifjJe l jkT;
djr k FkkA cgr /; ku j [krk Fk itk dk]
ijUr /; ku djr g, og Fkd tkrk FkkA vUr
e n% [kh gkdj og viu x# d i k l x; k] tk
, d ou e o {k d uhp fuokl djrk FkkA
mud ikl tkxj ckyk & ^x#no! e bl
jkT; d >>V k l] bldh leL; kvk l]
bldh my>uk l n% [kh gk x; k gA , d
leL; k dk gy djrk g] rk nljh vkdj
[kMh gk tkrh gA nljh dk ly>krk g rk
rh l jh] fuR; ub my>u] fuR; u; >xMA e
rk n% [kh gk x; k g bl thou l] D; k d :]**

x#no u dgk & ^m jktu! , l h ckr g
rk NkM n bl jkT; dk**

jktk u dgk & ^d l NkM\ NkM nu
l bldh leL; k, ly> ugh tk; xhA lc
dN fr rj & fcrj gk tk; xkA vjkt drk Qy
tk; xh pg vkjA**

x# u dgk & ^cgr vPNk] viu i=
dk jkT; n n vkj r ej ikl vkdj jg t l
e jgrk gA ol gh fuf'pUr gkdjA**

jktk u dgk & ^ijUr ejk i= rk
vHkh NkV k & l k cPpk g] og bl Hkkj dk d l
l Hkky l drk gA**

x#no u dgk & ^cgr vPNk] rk
fQj r viuk jkT; e> n n] e pykAxk
jkT; dkA**

jktk u dgk & ^; g e> Lohdkj gA**
x#no u dgk & ^rk gkFk ei ikuh
ydj l dYi dJA l kjk jkT; e> nku dj nA**
jktk u , l k gh fd; k gkFk ei ty
ydj dgk &

j?kdy jhr ; gh pyh vkbl
ik.k tk; i ij opu u tkbAA vkj Hkh
pUn Vj] l ijt Vj] Vj] txr 0; ogkja
l R; opu gfj' pUn dh dkl u Vkyu gkja**
, l l okD; ckydj mB dj py iMkA
x# u iitk & ^vc dgk tkr gk*

jktk u dgk & ^dk k l dN #i; k
ydj fd l h nlj i n'k dk tkAxkA ogk
0; kikj djd i thou 0; rhr d : xkA**

x# u gl r i g, dgk & ^jkT; e> n
fn; k rk dk k Hkh ejk gk x; kA vc ml ij
rijk vf/kdkj D; k g] **\

jktk u fl j > dkdj dgk ^okLro ei
dkb vf/kdkj ughA jkT; ei ei ykVdj ugh
tkrk gA

x# u iitk & ^rk fQj vc D; k djxk**
jktk ckyk & ^dgh tkdj ukdj h
d : xkA**

x# cky & ^; fn ukdj h gh djuh g
rk ejh gh dj yA bruk cMk jkT; g lej ikl
ml i pyku di fy, fd l h u fd l h dk rk
j [kuk gh iMxkA r i gh ; g dke dj e>
lod dh vko'; drk g] r> lok dhA cky
; g dke djxk**

jktk u l kpr i g, mUk j fn; k &
^d : xk egkjktA**

cgr l ykx l kpr g & ge fd l h dh vko'; drk ugh gA
t : jr d le; tc dkb ugh feyrk] rk le> e vkrk g fd ge xyr l kpr FkA

x# ckyk & rk tkvk] vkt l r ejk
lod cu dj jg jkT; dh 0; oLFkk djA n[k
dgh dN Hkh rjk ughA Hkyk gk cjk gk] gkfu
gk] ykHk gk lc ejk gkxkA r> doy oru
feyxkA**

jk tk u bl ckr dk Lohdkj dj
fy; kA okfi l vkdj jkT; pyku yxkA db
ek l d ckn x: th u jkT; e vkdj iNk &
^dgk Hkkb] vc bl jkT; dk pykuk d l k
yxrk g\ vc Hkh D; l k n[k kh gk x, gk\ vc
Hkh D; k thou l dVe; irhr gkrk g**

jk tk u dgk & ^ ugh egkjkt! vc
ble ejk D; k g\ e rk ukdjh djrk gA ijh
bekunkjh l] /; ku l] ifjJe l gj dk; dk
djrk gA vkj fQj jkr dk fuf'pUr gkdj
l k tkrk gA**

rk luk Hkkb! ;g g og l k/ku]

ft l dk viuku d i'pkr eu"; de djrk
gvk Hkh mle fylr ugh gkrkA Ql rk ugh]
R; kxiod l Hkh dk; djrk gA Hkkxk dk
Hkkxrk g viu vki dk Lokeh u le>k]
lod le>kA ;g lc dN rEgkj g ugh
ml h iHk dk fn; k gvk gA re doy dr0;
ikyu dju d fy, vk; gk bl l lkj e ml
i. k dj k vkj py tkvkA

nfu; k e jgrk g

nfu; k dk rycxkj ugh gA

ck tkj l xtj jgk g]

ij [kjhnkj ugh gAA

ryl h tx e ; jgh ; jluk e [k ekghA
[kkrh ?kh vkj ry fur fQj Hkh fpduh ukghAA

vkj Hkh

ejk e> e dN ugh] tk dN g lc rkjA
rjk r> dk lkir D; k ykxr g ekjAA

xhr

/kO pkgku
ngjkn

rikou e vkdj] ije 'kkfUr ge feyhA

dk; kdYi gvk gekjk] jkxk l efDr ge feyh AA

eu e Hkj jgh mPprk] n[k 'kky d r#A

ân; epydj dg jgk] e Hkh l k/kuk d : AA

vkjX; thou jg l nk] , l h f'k{kk feyh AA1AA

bl rikou e vkdj] ije 'kkfUr ge feyhA

x# fouknt h dh ij. kk] tk jgk ge fn[kk, xhA

riLFkyh dh fn0; Hkkouk] thou l Qy cuk, xhAA

lok dh ejr g e/k] ftudh eer k ge feyhAA2AA

bl rikou e vkdj] ije 'kkfUr ge feyhA

Hkkb cgu lc jg ie l] cMk e/kj 0; ogkj fd; kA

feydj ; kxkH; k l fd; k] feydj e=kPpkj fd; kAA

; K lx/k l g, lokflr] l Pph 'kfprk ge feyh AA3AA

bl rikou e vkdj] ije 'kkfUr ge feyhA

njfhkekuh ykxk dh , d fo'k"krk & o n l jk dh i'k l k d Hkh ugh djrA
ue ykxk dh , d [kch & o n l jk dh funk d Hkh ugh djrA

vk...e

ofnd Ik/ku vkJe rikou] ngjknu dk ikp fnoIh; "kjnRlo g'kkYyKl iod IEiUu

Ikonf'kd IHkk d i/kku Lokeh vk;o'k th IEekfur

_f'k HkDr p.Mh i lkn 'kek Hkh IEekfur

b- ie idk'k 'kek] Ifpo

ofnd Ik/ku vkJe] rikou] ukykiku] ngjknu dk 5 fnoIh; "kjnRlo 8 vDrcj I 12 vDrcj] 2014 rd g'kkYyKl iod IEiUu gvka "kjnRlo e ikp fnu Lokeh fno;kuUn IjLorh th d if"kk.k e ikr% 5%00 ct I 6%00 rd ;kx Ik/kuk dh tkrh jghA ;kxIk/kuk d Ik"pkr ikr% 6%30 ct 8%15 ct rd vud ;K ofn;k e ;K gkrk jgk ftld Ik"pkr ikf.kuh dU;k x: dy egfo|ky;] okjk.klh dh vkpk;k fi;dk "kkL=h rFkk Mk- ufUnrk "kkL=h vkfn on fon'kh vkpk;kvk d iopu ,o Jh fnu"k ifFkd rFkk i- IR;iky Ijy vkfn fo[;kr vk; Hktukin"kdK] /keieh cfiguk o x:dy ,o fo|ky;h cPpk d Hktu vkfn gkr jgA 8 I 11 vDrcj] 2014 rd pkj fnu vijUg 3-30 ct I ;K vkjEHk gkdj Ik; 6-30 ct rd dk;Øe pyrk jgk ftle ;K d vuUj Hktu ,o iopuk dk dk;Øe IEiUu fd;k tkrk jgkA Ik; Hktukijku r jf= 8-30 ct I ,d ?k.V d fy, Hktu o iopu dk dk;Øe Hkh J)k o ofnd fo'k;k ij fopkj o nf'Vikr dj mUg thou e /kkj.k dju dh Hkkouk I IEiUu gkrk jgk ftle vkJe i/kkj g, Ik/kd I kr I kg Hkkx yr jgA 11 vDrcj dk jf= d vk;k tu e Hktu I ;k dk vk;k tu gvK ftle Jh fnu"k ifFkd u Jh IR;iky ifFkd th d vud Hktuk dk vuB vUnkt

e iLrr dj /keife;k dk vkd.B rlr fd;kA ;K dh i.kkgfr ,o lekiu lekkg jfookj 12 vDrcj] 2014 dk gvka bl fnu ikp ;K ofn;k e vud I iRuhd ;tekuk ,o ;K ife;k u J)kiod ?kr ,o I kdY; dh vkgfr;k nh rFkk ;K d cgek ,o v/;{k Lokeh fno;kuUn IjLorh ,o okjk.klh I i/kkj ifl) on fon'kh Mk- iKnoh o e/kk noh dh ;kx; f'k';k ,o ikf.kuh dU;k x:dy dh vkpk;k Mk- ufUnrk "kkL=h I vk"khokn iklr fd;kA

"kjnRlo dk e[; vkd'k.k Ikonf"kd vk; ifrfuf/k IHkk] ub fnYyh d i/kku Lokeh vk;o'k th dk vfHkuUnu dk dk;Øe Fkk tk lekiu fnoI 12 vDrcj 2014 dk IEiUu gvka vkJe d fo"kkYyky e vk;kftr bl Hko; dk;Øe e n"K Hkj I i/kkj vk; cu/kvk] LFkkuh; ukxfjd ,o x.kekU; 0;fDr;k dh cMh I[;k e mifLFkfr e Lokeh th dk ,d vfHkuUnu i= HkV fd;k x;k ftldk okpu vkJe d ;"kLoh e=h Jh ie idk"K "kek th u fd;kA bli io Lokeh th dk vkJe d IHkh vf/kdkfj;k ,o vud x.kekU; 0;fDr;k }kjk i'lk ekyk; vfir dj Lokxr ,o IEeku fd;kA viu 0;k[;ku e Lokeh vk;o'k th u vfHkuUnu d fy, /U;okn fd;k vkj dgk fd Hkfo'; e og vk; Iekt dh ft ruh lok dj ik;x o djx] og vkid bl vfHkuUnu

eu"; Ief) gku ij Qyuk rk tkurk g] ij ud lku gku ij fldMuk ugh tkurkA
blfy, ud lku gku ij n[kh gk tkrk gA

dk ejh vkj l drKrk iod ifrnku gkxkA
 mUgu viuh io oDrk vkpk; vk"kh'k
 n"kuukpk; d ml dFku dk leFku fd;k
 ft le mUgu dgk Fkk fd tc ge lc ykxk
 dk vk; cuk yx rk d.oUrK fo"oek; e dk
 y{; ijk gk tk; xkA mUgu dgk fd ofnd
 /ke R; kx okn d fl) kUr ij [kMk g u fd
 Hkxokn ija ek{k d fy, ge viuh leLr
 l [k lfo/kkvk vkj ekg dk R; kx dj l k/kuk
 djuh gkxhA mUgu dgk fd foKku d ft l
 vkfo'dkj l eu'; rk dk Hkyk u gk og fd l
 dke dh g\ ge 0; fV vkj lefV dk
 le>uk gkxkA mUgu dgk fd ge lQyrk
 rc feyxh tc ge ofnd lLdr d vulkj
 vkpj.k d jxA Lokeh n; kuUn dh ppk dj
 mUgu dgk fd mUgu gekj lkeu cgr cMk
 , t.Mk j[k fn; k fd ge fo"o dk midkj
 vkj dY; k.k djuk gA Lokeh th u vfgl k dh
 ppk dj dgk fd bldk thou e /kkj.k
 djuk gkxkA ge nijk dh mUufr e gh
 viuh mUufr le>uh gA mUgu lekt e
 , drk dk; k e lolefr o lokuefr dh
 vko"; drk crkb vkj dgk fd ge viuh
 lxBu dk pLr vkj n: Lr djuk gA vk;
 lekt ,d gk] urk ,d gk] bl idkj dh
 ex lc txg mBuh pkfg; A Lokeh th d
 lk"pkr ngjknu d ,d o; ko) egkeuk]
 onHkDr] b"oj HkDr] /kekRek] xkHkDr]
 ik.khek= d ifr fe= nfV j[ku oky]
 x.kxkgd] i: 'kkFkh] foue LoHkko] vk;
 lekt d ieh ,o fgr'kh] fuUrj
 Lok/; k; jr] lR; kuxkeh] ;kx ,o ;K ieh
 rFkk viuh vkpj.k l vk; lekt vkj on
 ipkj dju oky lR; fu'B Jh p.Mh ilkn

"kek eexkb th dk Hkh vfHkuUnu fd;k
 x; kA bl volj ij mUg "kky vk<kdj]
 i'iekyk; iguk dj rFkk vfHkuUnu i= HkV
 djd drKrkood vfHkuUnu fd;k x; kA
 viuh leCk/ku e Jh p.Mh ilkn "kek u
 vkJe d inf/kdkfj; k dk /kU; okn fd;k
 vkj viuh leJ.k luk; A vk; ktu dk
 Lokeh fn0; kuUn] vkpk; vk"kh'k n"kuukpk;]
 Mk- ufUnrk "kkL=h] Mk- /kut; vkpk;]
 vkpk; k Mk- vUui.kk] vk; ifrfuf/k lHk]
 mRrjk[k.M d i/kku Jh on idk" k xlrk u
 Hkh leCk/kr fd; kA Mk- /kut; vk; u dgk
 fd vk'k lLdr f"kk i.kkyh cpxh rHkh on
 Hkh cpxA Mk- ufUnrk "kkL=h u dgk fd n" k
 e vk; Ro dk tkxr dju d fy, onk dk
 fnx&fnxUr ipkj dja bl mi"; dh ifr
 d fy, gh bl idkj d "kjrLo vkfn
 vk; ktu fd, tkr gA mUgu ifl) lLdr
 "ykd ^viT; k ; = iit ; Ur* dk iLrr dj
 dgk fd ft l n" k o lekt e viT; k dk
 leeku feyrk g vkj iT; k dk leeku ugh
 feyrk ogk nfHk[k] eR; vkj Hk; 0; klr gk
 tkrk gA ;g dk; Øe iokUg 10 ct l
 vijUg 2 ct rd fuUrj 4 ?kV pyk
 ft l dh "kkHk n[kr gh curh FkhA Jh fnu" k
 ifFd th d n"khkFDr d 3 xhrk dh
 leflor : lk l iLrfr l vk; turk
 HkkofoHk k gk xb vkj lkj okrkj.k jkekp
 l Hkjiij gk x; kA vk; ktu e vkJe d
 i/kku Jh n"ku dekj vfXug=h ,o e=h Jh
 ie idk" k "kek th u vud tkudkfj; k nu
 d l kFk ?kk" k.kk; Hkh dhA mUgu rikou e
 fd; tk jg fodkl dk; k e[; r% fuek.kk/khu
 ^egkRek iHk] vkfJr lRl x Hkou** ,o

lQyrk d ckn vfHkeku vkj vlQyrk d ckn mnk l gkuk] LokHkfkod g]
 ijr ;fn lc dN b'oj dk eku dj dj] rk nkuk l cp ldr gA

^rokou vkjx; /kke fpfdRlky; **
vkfn l voxr dj; kA bu dk; k dk i.k
dju d fy, mUgku /keieh cU/kvk dk eDr
gLr l cMh /kujkf" k; k nku nu dh vihy
dh ft l l ; g dk; i.k gk l d vkj vkJe
dh xfrfod?k; k l pk: o iHkko"kkyh : lk l
l EiUu gkrh jgA

vk;ktu d iFke fnu 8 vDrcj]
2014 dk ofnd l k/ku vkJe] rikou }kjk
l pkfyr rikou fo|k fudru] ukykiku
tfu; j gkbLdy dk okf'kd mRlo l EiUu
gvk ft le Jh pUn xlr foØe] e[; okMu]
ukxfjd l j{kk e[; vfrfFk FkA e[; vfrfFk
}kjk nhi iTtoyu ,o fo|ky; dh ,d
Nk=k }kjk l jLorh oUnuk d xku l okf'kd
mRlo dk "kHkkjEHk gvkA Lokxr xku
fo|ky; dh Nk=kvk u fey dj iLrr fd; k
ft l d lk"pkr fo|ky; dh ikpk; k Jherh
m'kk uxh }kjk e[; vfrfFk o l Hkh vfrfFk; k
dk Lokxr dj /kU; okn fd; k x; kA mUgku
dgk fd cPpk dh ufrd] ekufld rFkk
vkfRed mUufr djuk f" k{kk dk mnn"; gA
fo|ky; d cPpk u vud jxkxj] jkpd]
vkd'kd] l kfUod] iHkko"kkyh ,o ijd
dk; Øe iLrr fd; ftue yft; e uR;]
xk; =h eU= dk fgUnh i|kuiokn l fgr
l kefgd ikB] cPpk }kjk fgUnh dforvk dh
l jkguh; iLrr; k] fo|ky; dh NkVh o
cMh d{kkvk dh Nk=kvk }kjk vud idkj d
, dy o l kefgd uR;] Hkxoku c) d thou
l l EcfU/kr vfgl k dh f" k{kk nu okyk
iHkko i.k ukVd] dOokkyh vkfn ie[k FkA bu
dk; dek dh e[; vfrfFk l fgr l Hkh n"kd k
u l jkguk dhA vk;ktu e e[; vfrfFk]
vkJe d i/kku Jh n"ku yky vfXugk=h]
l fpo Jh b- ie idk" k "kek u Nk= Nk=kvk
dk i : Ldkj Hkh forfjr fd; A e[; vfrfFk

Jh pUn xlr fode u viU mnck/ku e cPpk
d l Unj o iHkko"kkyh iLrr; k d fy,
mudh o mud f" k{kkvk dh i" k l k dh vkj
viU ijd fopkj iLrr fd, A

"k jnRlo d nlj fnu dk e[;
vkd'k.k efgyk l Eeyu Fkk ft l dk fo'k;
Fkk & ^ukjh Loxi dk }kj g; k ujd
dk** l Eeyu e viU fopkj iLrr djr
g, Jherh et ukjx u dgk fd ; ton d
vulkj tk 0; fDr vkRe guu djrk g og
vlj dgykrk gA ; g vlj ykx , l ykdk
e jgr g tgg ?kkj vU/kdkj vkj n[k Hkjk
gvk gA mUgku dgk fd tgg l [k gkrk g
m l Lox vkj tgg n[k gkrk g og LFkk
ijd dgykrk gA fon'kh oDrk u ukjh d
rhu : ik dh ppk dj mu ij foLrkj l
idk" k Mkyk vkj if=; k dk Lox dk }kj
crk; kA nk.kLFkyh dU; k x: dy] ngjknu
dh fon'kh vkpk; k Mk- vUui.kk u viU
l Eck/ku e dgk fd l cdh i tk d ; kX; gku
d dkj.k L=h dk efgyk dgk tkrk gA
mUgku dgk fd ukjh dk ujd dk }kj crku
oky Lo; ujd e gA ukjh l Eeyu dk
fon'kh Jherh l jkt vk; k] Mk- Jherh l [knk
l kydh] Jherh g'k pkoyk vkfn cfguk u Hkh
l Eckf/kr fd; kA ukjh l Eeyu dh v/; {kk
vkpk; k fi; dk "kkL=h u dgk fd ;fn ukjh
ujd dk }kj gk rk fQj m l }kj l tk ykx
tk jg g og dku ykx g\ mUgku dgk fd
ukjh ujd dk }kj ugh gA fon'kh fi; dk
"kkL=h u dgk fd l Ldr 0; kdj.k d xUFk
dkf" kdk e ^dU; k 'kkd% dk okLrfod vFk
^vfo|k 'kkd% gA vk;ktu dk d"ky
l pkyu ekrk Jherh l jUn vjkMk u fd; kA
l Eeyu d e/; e Jherh ehukfkh th l fgr
vud cfguk d l e/kj Hk tu Hkh g, A

"k jnRlo d rh l j fnu "kdokj 10

vDrcj dk e[; vkd" k.k rikou vkJe l
 yxHkx 4 fdeh- nj igfM; k e fLFkr
 rikHkfe rd dh "kkHk ; k=k vkj ogk lR l x
 dk vk; ktu FkA ; gk l jE;] "kkUr
 vk/; k fRed o in'k.k jfgr okrkj.k e
 dfor k] xhr] Hk tu] iopu , o eku l k/kuk
 vkfn dk; Øe g, A ikf.kuh dU; k x: dy
 dh cgepkjf.k; k d leor xk; u d ckn
 ifl) Hktukin"kd Jh fnu" k ifFkd th d
 le/kj ogn; dk vkufUnr dju oky Hk tu
 g, A , d Hk tu Fk & ^ l j t cu nj fd; k
 ft l u: ikiki dk ?kkj vU/kj] ok no
 n; kuUn ejk** cgr ilUn fd; k x; kA
 Lokeh fn0; kuUn th u viu v/; {kh; Hk'k.k
 e dgk fd ge t gk cB g ; g /kkfed LFkku
 g tk fd ; kx o /; ku l k/kuk dk n" k dk
 l oRre LFkku gA vrhr e ; gk Lokeh
 ; kx"ojkuUn l jLorh] egkRek vkuUn Lokeh
 l jLorh] iHk vkfJr th egkjkt vkfn vud
 egkRekvk u ; kx l k/kuk dj d v kRe dY; k.k
 fd; k gA mUgku nk"kfud vUnkt e dgk fd
 ; gk [kM o{k ekuk ; g dg jg g fd gekjh
 rjg l vki Hkh eku o "kkUr jg dj n[kk]
 rEg vfpUR; yHk o vkuUn gkxkA ; gk
 yxHkx 150 ykxk u dN le; rd eku
 jgdj vkRe fpUru fd; k vkj "kkfUr ikB l
 bl l = dk vol ku gvkA

mR lo d prFk fnu "kfuokj 11
 vDrcj dk vkpk; vk"kh'k n" kukpk; d
 l pkyu e vk; ; ok lEeyu gvk ft l dk
 fo'k; Fk fd ^on gh bl'ojh; Kku D; k
 gj** bl vk; ktu e rikou fo l k fudru]
 ukykikuH rFk jkt dh; bUVj dkyt]
 ukykikuH d fo l kfFk; k u cMh l ; k e Hkx
 fy; kA vkpk; vk"kh'k u dgk fd tc ge
 dkb ; U= vkfn [kjhn r g rk ge m l dk
 mi; kx dju dh fof/k crkb tkrh gA bl h

idkj l b"oj u l l k] cukdj vkj eu'; k
 dk mRiUu dj d thou dk l pk: : l k l
 pyku d fy, pkj _f'k; k dk onk dk Kku
 fn; k FkA mUgku i"ukUkj "kyh e fo l kfFk; k
 l i"u iN ft l l ; g fl) gvk fd l l k j
 e l cl ikphu /kkfed iLrd on gA fo l kFkh
 xkjo u viu lEck/ku e dgk fd l l k j e
 , l k dkb Kku ugh g tk onk e u gkA
 mUgku dgk fd Lo; onok.kh onk dh
 mRifRr b"oj l crkrh gA x: dy ik/kk]
 ngjknu d cāpkjh vut u Hkh lEeyu e
 viu iHkko"kk yh l jx fHkr fopkj iLrr
 fd; A mUgku dgk fd b"oj u l f'V dh
 vkfn e pkj _f'k; k d vUr%dj.k e _Xon]
 ; ton] l leon vkj vFoon dk Kku Hk'kk
 l fgr idV fd; k FkA nk.kLFkyh dU; k
 x: dy dh Nk=k nhflr vk; k u dgk fd
 iR; {k] vueku vkj vkr iek.kk l fd l h Hkh
 i{k dk fl) fd; k tkrk gA gekj on]
 mifu'kn , o n"ku e rdiod "kCnk e onk
 dk b"oj inUk dgk x; k g ft l l fl)
 gkrk g fd on b"ojh; Kku gA rikou fo l k
 fudru dh d{k 5 dh Nk=k ru ckyk u
 viu iHkko"kk yh lEck/ku e dgk fd on
 l cl ijkuk /ke xUFk gA l l k j dh l c
 fo l k; onk l fudyh gA mUgku dgk fd
 ofnd dky e fo"o d l Hkh ykx b"oj d
 fujkdj Lo: l k dk ekur Fk vkj ogh bl
 l f'V vkj Kku foKku dk vk/kk] gA
 lEeyu e x: dy ik/kk d vkpk; Mk-
 /kut; u ikp d l fV; k crkb vkj dgk fd
 onk dk Kku bu l Hkh d l fV; k ij [k j k
 mrjr gA igyh d l kVh] on dh l Hkh
 ekU; rk; , o fl) kUr lR; g] dkb v l R; o
 feF; k fl) kUr onk e ugh gA n l j h d l kVh]
 onk dk Kku l f'V Øe d vu: l k o vudy
 g ifrdy ughA rh l j h d l kVh] on dk Kku

I Hkh vk'k xUFkk d vu:lk gh ugh g vfir
 m l dk vk/kkj o ey Hkh gA ;g foKku I Hkh
 i kf'kr gA pkFkh d l kVh] onk dk Kku gekjh
 vkRek d vudy gA bld mnkgj.k Hkh
 fo}ku vkpk; u fn,A ikpoh d l kVh] onk
 dk Kku vkB iR;{kkfn iek.kk l fl) gA
 ;ok l Eeyu d i.krk vkpk; vk''kh'k th u
 dgk fd on dk Kku l f'V dh vkfn e
 eu';k dk feyk gku l ;g b''ojh; gA vU;
 Kku ckn e vud fo}kuk o ;xi: 'kk l
 fey ftue bfrgkl Hkjk iMk g tcfnd onk
 e bfrgkl ugh gA mUgku dgk fd ft l

iLrd e bfrgkl gkxk og lcl ijkuh
 iLrd ugh gk l drhA mUgku vkx dgk fd
 b''ojh; iLrd ;k Kku dh iR;d ckr
 foKku dh ik'kd gkrh g fojk?kh ughA on gh
 bl d l kVh ij [kj mrjr gA lekiu djr
 g, mUgku dgk fd ;lfi l Hkh xUFkk e
 vPNh ckr g ijr b''ojh; Kku doy on
 gh gA ;ok l Eeyu dk Mk- foukn dekj "kek
 u Hkh l Eckf/kr fd;kA vkJe d
 inkf/kdkfj;k u vk;k tu e Hkx yu oky
 l Hkh cu/kvk dk /ku;okn fd;kA

'kjinR lo e iklr nkunkrvk dh lph

0- l- uke	LFkk	/kujkf'k	38- Jh lR;Un ryokj	tkyU/kj	1000@&
1- Jherh ixfr dekj	fnYyh	9000@&	39- Jh 'kkUr k pM<k	fnYyh	1000@&
2- Jherh l tho pM<k th	yf/k;kuk	1100@&	40- Jh vfer xk;y	fnYyh	10000@&
3- Jh ljunj VMu	yf/k;kuk	1000@&	41- Jhefr dfork xk;y	fnYyh	10000@&
4- Jherh ljunj 'kkUr k pM<k	fnYyh	5001@&	42- Jh yfyr xk;y	fnYyh	10000@&
5- Jh vkRe idk'k vk;	yf/k;kuk	1100@&	43- Jh v'kd dekj	fnYyh	10000@&
6- Jh on fi; ployk	yf/k;kuk	1100@&	44- Jhefr jpuk xk;y	fnYyh	10000@&
7- vk; lekt eflnj	yf/k;kuk	1100@&	45- Jhefr fot; y{eh	fnYyh	1100@&
8- Jhefr Luyrk	fnYyh	1100@&	46- Jhefr g'k ployk	cxykj	11000@&
9- Jh je'k pln th	ub fnYyh	1200@&	47- Jh f'kiky	i tkc	1100@&
10- xlrnku		1660@&	48- Jh Kkulpn vjMk		1000@&
11- Jh v: k vxoky	Qjhnikcn	1000@&	49- Jh vtu no Jh/kj	vkjX;/kke gr	5000@&
12- Jh dyk'k pln xlrk		1100@&	50- Jh nhiddekj vxoky	vxjk	5000@&
13- Jh 'kEHk ukFk xlrk		1100@&	51- Jh fot; jkor 'kekj	rikou ukykiku	1111@&
14- vkpk; gDe flg Hkjrth	vxjk	1000@&	52- Jhefr dKUr kNÜkj	ikuhr gfj;k.kk	3100@&
15- Jh n'ku dekj ddjtk		9600@&	53- Jh , l-ih- flg] xk'kkyk gr	ngjknu	1000@&
16- Jh vfuy HkFV;k % lRlx Hkouh	pMhx<	1100@&	54- Jh fodkl cByk	gfj;k.kk	5100@&
17- Jh jkt'k HkFV;k	pMhx<	1000@&	55- Jh uln fd'kij vjMk	fnYyh	1100@&
18- Jhefr ljt vk;k		5100@&	56- Jh jk tho dekj	ngjknu	1100@&
19- Jh Vh- l th- lntk	ub fnYyh	1100@&	57- Jhefr ljun vjMk	;Knku	2100@&
20- Jh eukt dekj l jnkuk	uk, Mk	1100@&	58- Jhefr fdju egr	fnYyh	21000@&
21- Jh vkj-vkj- 'kek	uk, Mk	1100@&	59- Jhefr ujn cCcj	rikou vkJe	2100@&
22- Jh lR;Un ryokj	tkyU/kj	1000@&	60- Jhefr ekrk yhykofr		1100@&
23- Jhefr 'kkUr k pM<k	fnYyh	1000@&	61- ek- 'kkfgn oYMj	ukyki kuh	1000@&
24- Jh vfer xk;y	fnYyh	10000@&	62- Jh ie idk'k 'kek	rikou vkjX;/kke	5000@&
25- Jhefr dfork xk;y	fnYyh	10000@&	63- Jh ;kx'k pln etky	fnYyh	51000@&
26- Jh yfyr xk;y	fnYyh	10000@&	64- Jh vkb-Mh- xlrkj ;K'kkyk	uk, Mk	15000@&
27- Jh v'kd dekj	fnYyh	10000@&	65- Lokeh fn0;kuUn l jLorh]		
28- Jhefr jpuk xk;y	fnYyh	10000@&	lRlx Hkou gr	gfj}kj	10001@&
29- Jhefr fot; y{eh	fnYyh	1100@&	66- Jh fot; ekgu lpnok		
30- Jhefr g'k ployk	cxykj	11000@&	Hk. Mkjk gr	ngjknu	21000@&
31- Jh f'kiky	i tkc	1100@&	67- Jh /khjUn ekgu		2100@&
32- Jh Kkulpn vjMk		1000@&	68- Jh lR;iky flg	gfj}kj	1000@&
33- Jh vtu no Jh/kj	vkjX;/kke gr	5000@&	69- Jh oniky flg	gfj}kj	3100@&
34- Jh lR;k ok/kok		2100@&	70- Jh d".kk ekVv	ngjknu	1000@&
35- Jh vdkj flg ,o			71- Jh nhid dekj		5000@&
Jhefr txofr th	ngjknu	2100@&	72- fofHku nkunkrvk }kj		
36- Jhefr l xhirk dyk th		3100@&	%# 1000@& l de: nh xb /kujkf'k		132151@&
37- Jh vkj-vkj- 'kek	uk, Mk	1100@&			

vxnku l thou nku

Hkkjr ljdkj u 1994 e ekua vx iR;kjki.k vf/kfu;e ikfjr fd;k ft l d QyLo: i eflr'dh; eR; gk tku d ckn , l vxnku dju oky 0; fDr; k d vxk dk vU; ykHkkfFk; k d "kjhj e iR;kjki.k djuk lEHko gk x; k gA vx iR;kjki.k e LoLFk 0; fDr; k cu MFk 0; fDr d LoLFk vxk vkj Årdk dk nlj 0; fDr e iR;kjki.k dju l , d vxnkrk d jkj 50 0; fDr; k rd dk thou cpk; k tk l drk g ; k mudh vk[k d dkfu; k dk iR;kjki.k dj n'V inku dh tk l drh gA

cu MFk %Brain Death% D; k g \ cu MFk dk vFk ; g g fd eu' ; d "kjhj d l Hkh vx ftudk l pkyu eflr'd jkj fd;k tkrk g vkj ftue lkl yu dh i.kkyh Hkh l fefyr g] dke djuk bl lhek rd cUn dj n fd nkcjk iuh dke dju dh fLFkr e dHkh u ykV ijuR l kFk&l kFk gh vU; vx t l & ; dr] xnk vkj foljk vkfn dke djr jgA fny Hkh viuk dk; djuk tkjh j[krk g ijuR ; g fuEu Lrj ij jgrk gA cu MFk dk ifjHkkf'kr vkj iekf.kr dju d fy, fpfdr l dh; Hkk'kk vkj rdudh e folrr fu; e mfYyf[kr g ftudh lkeu; Hkk'kk e 0; k[; k djuk d fBu gA

cu MFk %Brain Death% dh ?kk'k.kk d l dh tkrh g \ cu MFk dh ?kk'k.kk , d fdYfudy fu.k; g tk bl lEcU/k e ikfjr vf/kfu;e d vUxr fu/kkfr ekun.Mk d vk/kkj ij dh tkrh g ft le fd l h idkj d l "k; d fy, dkb x tkb" k ugh jgrh gA

dku l k vx nku fd;k tk l drk g \& fdMuh ; k xnk] fny] ; dr] frYyh] vkr] QQM] g fMM; k] dkfu; k] cku ejk vkfnA

Hkkjr e vxnku dh leL; k& Hkkjr e iR; d o'k vkl ru 175]000 fdMuh Qy gku d ekey lkeu vkr g ftud fdMuh iR;kjki.k dh vko"; drk gkrh g ijuR vxnku dju okyk dh deh d dj.k doy 5500 fdMuh gh iR;kjfir djuk lEHko gk ikrk gA ; gh fLFkr vk[k vkj vU; vxk d lEcU/k e Hkh gA ol rk vxnku dh leL; k ij l l k j e g ijuR , f" k; k "k" l l k j l bl ekey e cgr ihN gA erd 0; fDr; k l vxnku d ekey Hkkjr e ifr , d yk[k 0; fDr 0 5 vFkr 200000 0; fDr; k dh eR; gku ij doy , d erd d vxk dk gh nku gk ikrk g tcf d Hkkjr e l Md n'kVukvk l gku okyh eR; nj l l k j e lcl vf/kd gA vej d k e vxnku ifr , d yk[k e 250 vkj gkxdkx e 50 l de gA Hkkjr e yhoj%; dRk% Qy gku l fcuk iR; i.k d eju okyk dh l [; k 200000 ifr o'k gA futh vLirky e bl idkj d iR;kjki.k dk [kp # 20 l 30 yk[k d cip vkrk g] bruk 0; ; dN fxurh d vehj ykx gh dj l dr

gA fd l h'erd "kjhj l l ljdkj vLirky e iR;kjki.k dk [kp bl d , d pFkbl l l Hkh de iMxk vkj ; fn ljdkj Hkh bl idkj d ekey e vkfFkd lgk; rk nrh g rk vke turk d l thou d l cpuk l j y o lEHko gh ik; xkA

i"u&ge vxnku D; k d j l mUkj&vxnku l l vf/kd midkj d l dk; l l l k j e cgr gh de gA u=nku , d , l h fojkl r g tk ge eju d l ckn ihN NM dj tk l dr gA gekjh vk[k l l eju d l ckn Hkh n[kk tk l drk gA u=nku l l N rd 0; fDr; k dh vk[h e mtkyk Qyk; k tk l drk g tcf d eju ij ; ty dj jk[k cu tkrh gA bl h idkj vU; vx fdMuh ; k xnk] fny] ; dr] frYyh] vkr] QQM] g fMM; k] dkfu; k] cku ejk vkfn dh Hkh nku d j d bl yock d l thou dk cpk; k tk l drk g ; k mudh thou dk vkj l mtky e cnyk tk l drk gA

i"u& vki vxnku d l l cu l dr g l mUkj& ; fn vkidh me 18 lky l l vf/kd g rk vki , d vxnku dM ij nk xokgh dh mifLFkr e glrk[kj dj vxnku cu l dr gA bl dM dk lno viu ikl j [kukpfg, A me 18 lky l l de gku ij ekrk&firk ; k fo/kd l j fkd dh lgefyr yuk vko"; d gA

vxnku d l ckj e HkkfUr; k& vxnku d l ckj e yloke d bl HkkfUr; k gA t l l &

%1% HkkfUr l&vxnku dju okyk d l MkDVj vkikrdky %bejt u l l Hkh gku ij Hkh mUg cpku dk Hkj l d i; Ru ugh d j xA l e k / k u t & M k D V j d h i k f e d r k e j h t d k c p k u d h g k r h g u d f H k o ' ; e f d l h v k j 0 ; f D r d h f t l l o g t u r k H k h u g h g A

%2% HkkfUr l & MkDVj ejht d l vx m l d i eju l l igy gh fudky yxkA l e k / k u t & ; g l R ; u g h g A M k D V j o k L r o e v k j H k h v f / k d l k o / k u h c j r r i g i f d n k u n k r k d h e R ; g h x b l g A v x v k j Å r d k d i n k u d i : i e i k l r d j u l l i g y d j n f n " k f u n " k d k i k y u d j u k i M r k g A

%3% HkkfUr l & vxnkrk d l'erd "kjhj dk lEeku d l l k Fk v U R ; f ' V L F k y @ " k e " k u ? k k V r d y t k u k l E H l o u g h g h i k r k g A l e k / k u t & v x n k u l l b l e d b l c k / k u g h i M r h g A

%4% HkkfUr l & vxnku fd l h / k e l d i f o #) g A l e k / k u t & l H k h / k e l e e k u o h ; l n d R ; d i : i e v x n k u d h l j k u k d j r i g , b l l e F k u f n ; k x ; k g A d k b l H k h / k e l b l d k f o j k u g h d j r k g A

%5% HkkfUr l & vxnkrk d l i f j o k j d k v x n k u e g k u i o k y 0 ; ; d k o g u d j u k g l o x A l e k / k u t & v L i r k y b l l E c U / k e f d l h i d k j d k 0 ; ; d k u g h y r k g A

f l i . k h % f d l h H k h i d k j d h l g k ; r k ; k l p u k d i f y , l E i k n d l i n i j H k k " k i j l E i d i d j l d r i g A

lktu;&
l o J h nhipUn fot ; dekj
dhjriij] ftyk fctukj %mUkj ini" k%