From- Ved Prakash Gupta Dated 06-12-2013

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Dear Dr Navneet Ji,

Namaste

Kindly refer our mobile talk on 27-11-2013 and my email dated 23-10-2013. I have gone through book “Yagya Chikitsha” Hindi version written by your goodness. Please consider my following observations, findings for your review and for sending me your views and reply.

First of all I shall request you to have following facts of Arya Samaj and its books in your mind to have an opinion judiciously.

1. Principles of Arya Samaj number (4) One should always be ready to accept truth and to renounce untruth, and (5) All acts should be performed in accordance with Dharma that is, after deliberating what is right and wrong. These rules are very necessary for intellectuals like you and other learned persons. In Arya Samaj there should not be any blind faith like all other religion, Dharma. Whole of book Satyarth Prakash has many hundred question and answers just to arrive the truth, the beneficial acts. One should always be ready to explore and to follow the truth otherwise it shall be sin, Paap as explained in the Satyarth Prakash Samullas-3.
2. From chemistry we ( knowledge of Intermediate course chemistry is enough) know it very well that vapourisation of materials can only do it. One millilitre of clarified butter expands to 1700 millilitre on becoming in vapour state and this cannot be achieved by burning with flames. In my view in pre Mahabharat days there might have been fumigating Yajna. After that flame based Yajna might have started due to any ignorance and degradation in religion. So in this case Rishis might be mistaken and this can be revealed from Swami Dayanand has written in Satyarth Prakash Shamullsh 3 that **‘All the 4 Vedas are the revealed books of God. But other books like Brahmanas, Vedangas, Upangas and Up-vedas are sages. But in these books also, those portions should be left out which are contradictory to the teaching of Vedas**’, and this is applicable on all the books even Satyarth Prakash also. **T**he meaning of Shlokas of Vedas etc. should also be interpreted in the beneficial way of the society as Swami Dayanand did. The truth should be explored. Only because of these words I have done this study on Yajna from available books and research papers available in script as well as on internet, described in Satyarth Prakash Samullas-3 and Mantras of Vedas whose Bhashyas is written by Swami Daya Nand Ji.

**Now the observations and suggestion for your book Yagya Chikitsha are page wise as below.**

1. **Page-3 Last para,** it is written Þ;K }kjk ok;qHkwr cukbZ xbZ vkS"kf/k;k¡ fo"kk.kqvksa ls lw{e gksus dh fo'ks"krk ds dkj.k mu ij vkdze.k djds mUgsa ljyrkiwoZd ijkLr dj ldrh gSaA and at page 5 ;Kizfdz;k ds lgkjs ok;qHkwr jklk;fud inkFkZ 'kjhj ds leLr Hkhrjh vo;oksa esa vuk;kl gh tk igq¡prs gSaAß Now it is to be thought as per Padarth Vidya i.e. chemistry that how any liquid or solid material can be converted to air form i.e. gas vapour form. Can it be done by heating till vapourisation by “flameless fire” or by “burning with flame in a flame based fire” as written by you in this book at page 51 serial no 12 that oblations should be offered in flamed fire only so that there may not be smoke. It is totally wrong, mistaken, **now you may please clarify it?**

It could be clearly understood from basic chemistry which we have read in Intermediate and B Sc chemistry classes as explained in the attachment -2 i.e. my write up “Yagy Kaise Hanikarak Na Ho”

**(2) Page 8 to 25 Chapter of Benefits of Yajna.** The benefits of Yajna as written in this chapter can be achieved fully only and only by **fumigating Yajna**. Only partial benefit can be achieved as explained with reasons as written in the two Yajna books based tables sent to you by my last email. ***This wrong fact may please be clarified and may please be written to me.***

You may not find any Ved Mantra whose Bhashya i.e. hindi meaning written by Swami Dayanand Ji that oblations be offered in flaming fire.

1. **Page 27 para 4th that** Þvfugks= ls fofo/k jksxksa dks u"V djus dk mik; vk;qosZn esa HkS"kt lkexzh }kjk fn;k x;k gSA egf"kZ pjd usa Hkh vkS"k/kh; /kwe ysus dh ckr dgh gSAß It is to be thought that whether ‘Dhoom’ is ‘fumes or smokes of herbs material’ or ‘gases obtained by burning it with flames like flame based Yajna’ as written in this book. It has to be fumes, smoke only. Further you may know that **in the material chapters and at other pages also of both the Yajna books, it is written that fumes, smokes i.e. burning with fume of herbs, leaves, spices etc and their mixtures alone or mixture with clarified butter have much medicinal, antibacterial, mosquito repellant benefits, but nowhere it is written that burning with flames has these or other benefits. In an extract of a research of Sri S V Naithani from Forest Research Institute Dehradun ( with whom you may correspond or have a mobile talk) published in the daily news paper Nav Bharat Times Gurgaon dated 28-11-2011 writes that “That where fumes of Guggul spread there bacteria are killed and air is purified. It cures arthritis, heart, joint diseases and relieves at once from pain." There it is not written to burn it with flames as it shall destroy its chemical so no one shall get any benefit.**
2. **Page 50-51 quantities of material are written for each day Yajna** and such Yajna may be required for many days to cure a disease. **Has the cost money required has been considered**? Per day Yajna cost may be about Rs 200 for 300 gm for cow, Deshi Ghee and with other materials it may cost about Rs 400 to 800 per day for most of the diseases and there may not be availability of these materials in most of towns and cities of India. Think whether this therapy is feasible, practicable for general public. No, not at all since it is far far costly, much cumbersome than allopathic and other alternative medications. From tables of attchment-2 of my last email you may see that point 1 to 20 of the table we reveal that the properties and benefits of chemicals of clarified butter and oblations constituents written in Dr M R Rajesh book and book of Dr Ram Prakash having 10 chemical constituents of clarified butter, 9 of camphor oil and there may be about 100 - 200 chemical constituents of oblations material, which a large number of persons inhale from nose is available in original form only, by the fumigating Yajna performed on coal or cow dung flameless fire and its bi products are far far beneficial than chemicals from point 21 to 27, available from Yajna by burning with flames as per prevalent practices and advocated in books and almost all of these gasses is not fit for inhaling. Now question arises that why with so much harmful by products, gases spreading in the air from prevalent practices Yajna, is not harmful in deed. The reply is that the quantity produced are much uncertain and might be produced in too less quantities and further it may be due to that during performing of Yajna, very often flames get shut off due to many reasons, and during relighting of flames, lot of beneficial chemicals which may be 5 to 10 percent of total material of Deshi Ghee and other materials fumigate spreading in atmosphere. Thus out of 300 gm of Deshi Ghee 10 percent i.e. 30gm might have fumigated and similarly Havan Samagries 10 percent i.e. 30 gm might have also fumigated which is sufficient to make benefits to cure the illness in your actual patients cure Yajna researches one with as written in your book and other by same material but 10 percent of each material performing Yajna in similar way with oblations of 10 percent of former one on flameless fire of cinder preferably cow dung cake and then observing the fragrance and refreshing etc. properties of surrounding air and asking the patients and other public at about 50-100 metre distance. **All this may be verified by performing these two types of Yajna separately and observing the benefits etc. and even by chemistry lab tests also.**

**In Satyarth Prakash Samullas-3 in context number of oblations and quantities in each oblations of Yajna question, answers it is written that minimum16 oblations and minimum quantiy 6 masha of clarified butter with other materials should be offered in each oblation. The total quantity comes 96 Masha i.e. 8 tola i.e. 90 grammes of which about 45 gm may be clarified butter and 45 gm other materials. This 45 gramme material may contain 25 percent volatile material i.e. 12 gm or 12 mililitre. This total 45+12 ml volatile material may creat 57x 1700 = 96900ml= 96.9 litre fumes from fumigating Yajna.**

I have some simple suggestion. First of study for herbs, spices etc. as per Aurveda books etc. Prepare a list herbs etc. for various diseases choosing only cheap and easily available herbs in most of the Indian town easily. Take mixed herbs of about 20 gm, and take cow Deshi Ghee of same quantity of Havan Samagry and get only fumigating Yajna done on cow dung cakes flameless fire with these quantities with the similar procedure. Now you may find much more benefit than flame based Yajna. Thus flame based Yajna is negligible beneficial than cost incurred and may be sin, while fumigating Yajna is much beneficial and a deed of Punya.

I shall wait your quarry, questions, comments, views anxiously.

With regards

Ved Prakash Gupta, Mob.- 9451734531

Attachments- As above

NOTE-1- After sending above I sent him Attachment-3 that Dhuni Chikitsha Published in Arya Mitra Weekly Lucknow, is far far rational and cheaper than Yagya Chikitsha as Yagya Chikitisha cost is about Rs 1000.00 and more per day while Dhuni Chikitsha requires on Rs 20- 30 per day.